



## Comment

### Says Edgar may be influenced

To the editor:

It appears from his opposition to an Illinois constitutional convention that Jim Edgar must already be dominated by the special-interest financial backers he will be depending upon to fund a multi-million-dollar campaign for governor.

They don't want a constitutional convention they can't control. Neither does he.

It is ironic that a potential candidate for governor claims the Con-Con would cost too much money. Con-Con would cost far less than one campaign for governor in our state.

The influence of special-interest money has reduced educational funding to a lower and lower priority. Shoddy ethical practices are never reformed, and the corruption has even

spread into the halls of our judicial system.

The delegates and voters who adopted our 1970 Constitution wisely allowed us to automatically have a direct vote every 20 years on proposing necessary amendments to our constitution.

If Con-Con is approved by the voters this November, we can use a convention that bypasses the entrenched politicians of our state and make needed improvements that the voters want.

I hope you will air the debate on Con-Con by the voters, without giving any excess weight to politicians like Jim Edgar who have the same one vote as the rest of us on calling the convention.

DAVID VAUGHT  
Fairview Heights

## Crisis in credibility for Social Security

By Dorcas Hardy  
Social Security commissioner

As I travel across America speaking to people of all ages, I find that in spite of evidence to the contrary, many have lost confidence in the Social Security program and doubt that it will be around when they retire.

In many ways, that lack of confidence is understandable. After all, it wasn't long ago that Social Security was in serious financial condition—spending \$10,000 more each minute than it was taking in. This gave rise to a series of "gloom and doom" headlines that frequently read almost like an obituary for the program.

But I can assure everyone that today, Social Security is alive and well. Since 1983, as a result of the efforts of President Reagan's Bipartisan National Commission on Social Security, the program is operating on a sound financial basis. In fact, the system is healthier than it has been for some time.

This year alone, Social Security will take in about \$260 million in revenues and pay out about \$220 billion in Social Security benefits and administrative expenses.

That \$40 billion margin, coupled with reserves already on hand, will give the system a \$110 billion reserve by the end of the year. But, to put this in perspective, such a reserve would only be enough to pay Social Security payments for about five months.

Current projections indicate that the Social Security reserves will increase significantly over the next several decades, reaching more than \$1 trillion by the year 2000 and about \$12 trillion by the year 2030. Those reserves will be needed to meet the strain that will be put on the system when the baby boom generation reaches retirement age.

However, as these reserves continue to build up, there will be strong pressures placed on elected officials to spend these monies to increase current Social Security benefits or pay for new government programs.

These pressures must be resisted because such increases in benefits are not paid for by today's beneficiaries but by American workers and employers, not only now but in the future.

It is interesting to note that someone working for wages and paying the maximum Social

## Questions humaneness of humane department

To the editor:

Granite City pets beware! Dogs and cats of this town haven't a chance, and their fate is further being decided at this time by the Animal Control Council, which seems to have little regard for the animals, or how to run an efficient humane department.

If a dog happens to wander off, due to the kids leaving the gate open accidentally, he might be shot with a tranquilizer gun and be killed, due to inexperienced handlers of over-tranquilizing. Most dogs or cats running loose can be picked up without being tranquilized, as many animals are just gentle and frightened lost pets.

If a dog is taken to the pound, are a lobby if its owner can take off work in the middle of the day for the one hour the pound is open, or can pay the large sum of money demanded

for retrieving the animal.

Your cat that slipped out the door for a little romp outside might find its way into a trap cage which can be rented from the pound by anyone, and after being caught, might be cruelly killed or taken to a country road and dumped. If there is a problem with stray cats, and a cage must be used, it should be supervised only by the pound personnel.

A suggestion was made at the recent council meeting to use juveniles to work off fines. Oh, great! Put these poor-animals in the hands of untrained or uncaring youth, who might not humanely handle dogs and cats, and might even be given the job of killing them.

Known pet owners who deliberately allow their dogs to run at large should be fined. But the pound should also provide a service to the public in helping

the responsible pet owner whose dog or cat accidentally strayed by holding the animal under humane conditions and lowering the retrieving fee instead of making it so high that many persons cannot pay it and the animal is put to death. More pets would be retrieved at a lower cost than having to destroy so many animals because owners cannot pay the high cost.

As a member of a local Humane Society for many years, and having dealt with many complaints from the public of Granite City about the pound, I know that the title "Humane Department" is far from what it should be and its time for the city to clean up its act and organize an efficient and more humane Animal Control Department.

MARGARET PEMBERTON  
Route 2, Granite City

## If you see news...

If you see news, call the Press-Record Journal at 877-7700 and ask for the editor, Jack C. Ventimiglia.

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RICHARD JARVIS MICHAEL WARFORD  
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## Quad City

May 25, 1988—GRANITE CITY JOURNAL

3A



**SAFE KIDS:** These Madison school children won \$50 U.S. Savings Bonds for their winning safety posters. From left: Katrina Mosby, Linda Dohnal, Elbert Branch and Delarrian Riley.

## School safety winners honored

By Andy Siering  
Staff writer

MADISON — Four Madison school students were presented with \$50 U.S. Savings Bonds at the City Council meeting May 17. The four were the winners in a safety poster contest sponsored by the Policemen's Benevolent and Protective Association, Madison Unit 110.

Madison pupils in kindergarten through the sixth grade designed and made posters illustrating some aspect of safety. A panel

of judges drawn from the school board, police and fire departments judged the posters on how well they were related to their themes, rather than using artistic criteria.

Each school room had its winning entries placed in a container, from which the winning names were drawn.

Katrina Mosby, 9, a third-grader at Blair School, won with her poster illustrating "Never Play Between Parked Cars."

Delarrian Riley, 11, a fifth-

grader at Louis Baer School, won with his poster illustrating several themes: "Don't Go Into Alleys at Night," "Don't Take Rides From Strangers," and "Just Say No to Drugs."

Linda Dohnal, 7, a first-grader at St. Mary's School, won with her poster illustrating "Don't Play With Matches."

Elbert Branch, 10, a second-grader at Harris School, won with his poster illustrating the danger in using electrical appliances around water.

## Senator backs joint Scott AFB use

By Edward T. Hearn  
P-J Washington bureau

WASHINGTON — Sen. Alan Dixon, D-Belleville, has backed the Federal Aviation Administration report favoring joint military and civilian use of Scott Air Force Base, but he warned the latest proposal could die if St. Louis and Pentagon officials voiced strong opposition.

"It's fine," Dixon said. "It's encouraging. I don't want to get us in a shooting match with the City of St. Louis and Missouri on this. I advise caution in the approach to it."

The FAA said recently that joint use of Scott was "technically feasible" within three to five years. The report estimated the improvements would cost about \$50 million.

Located 20 miles east of St. Louis and five miles from Belleville, Scott has a single 7,061-foot runway for almost exclusive use by military aircraft. The FAA said civilian use would follow construction of a new terminal and a 10,000-foot parallel airstrip for commercial and private aviation of all kinds.

Air Force officials have yet to approve expanding the base for civilian aviation, and St. Louis officials previously have complained about attempts that could skim airline business away from Lambert-St. Louis International Airport, the country's 12th busiest.

In comments attached to the

FAA study, Pentagon officials said that although 20 bases are jointly used, such a system at Scott could lead to traffic delays and airspace conflicts with Lambert.

"This is a major concern to the Air Force," according to an unsigned Air Force statement within the report. "Joint use will only be considered if it does not compromise military response, security, readiness, safety or quality of life."

Scott, the state's second largest military installation, is the headquarters of three major air commands and the home base to about 8,700 military and civilian personnel.

The FAA urged expansion of Scott as a means of unclogging air traffic at Lambert, which is unlikely to grow because of the short supply of adjacent raw land. The study said the number of passengers using Lambert could rise from 10.1 million in 1986 to 17.6 million in 2000.

"The shortfall in runway capacity could eventually lead to severe air traffic delays, impeding air transportation to and from St. Louis and rippling out to affect other airports in the national system," the FAA study said.

For Dixon, Lambert's Traffic crunch is chief among his reasons for backing the expansion of Scott.

"I fly out of Lambert all the time," Dixon said last week. "You only have to look around

to see there are serious limitations to using Lambert. There has to be some thought in the future to another airport."

FAA Administrator T. Allan McArthur, in his introduction to the study, said the expansion of Scott was a solution to Lambert's space problems.

"Joint use offers a practical solution to congestion in the St. Louis air traffic hub, which otherwise threatens to become a bottleneck, constraining the flow of air traffic across the nation," McArthur wrote.

But Dixon said the plan for joint use could ignite a dispute that occurred in the mid-1970s when the FAA proposed the construction of a general aviation airport in the Columbia-Waterloo area.

## Local Baptist graduates from theological school

Russell L. Miller received a master of arts in religious education degree from Southwestern Baptist Theological Seminary, Fort Worth, Texas, during com-

mencement ceremonies May 13.

Miller is the son of Floyd and Jardena Miller, Granite City Second Baptist Church. Granite City, is Miller's home church.

Southwestern, one of six seminaries affiliated with the Southern Baptist Convention, is the largest theological school in the world.

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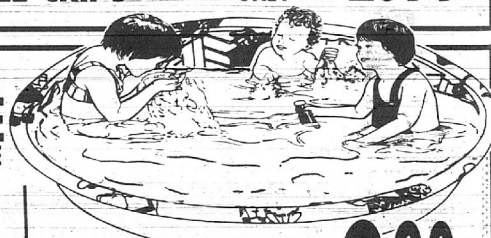
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## Regional

### Cocaine may injure defenses

Use of cocaine may weaken the body's natural defenses against infections and diseases and promote the growth of cancerous tumors, said scientists at the University of Illinois College of Medicine at Chicago and the West Side Veterans Administration (WSVA) Medical Center, Chicago.

Large cells known as macrophages eat bacteria and virus-infected cells in the body and destroy tumor cells, activities essential for health maintenance.

"We have demonstrated in rodents as a study model that cocaine suppresses the function of the macrophages," said David Ou, chief immunologist at WSVA and a faculty member in the pathology department of the University of Illinois College of Medicine.

"The greater the dosage of cocaine, the greater the suppression of the macrophages," he said.

Ou and colleagues Mei-ling Shen and Ying-de Luo, visiting scientists from the People's Republic of China, also observed that cocaine lowers the body's production of antibodies and reduces the number of cells in the thymus and spleen, organs that play a key role in the normal functioning of the immune system. Antibodies provide long-term protection against disease.

Effects of cocaine on the immune system appear greatest within the first day after the drug has been taken. From that point on, the immune system seems to make a slow recovery, returning to normal within several days if no more exposure to cocaine occurs, the scientists said.

### Eagles hold zone rally in Shiloh, Ill.

The Eagles Southern Zone Rally was held in Shiloh, Ill., on April 8-10.

Attending from Granite City were: Angie Buehler, state mother; Florence Hagnauer, chairman, state Jimmy Durante Crippled Children; Ruth Jorgensen; Dee Klesch; Vincine Zerlan; Harold Love, men's chairman, state Jimmy Durante Crippled Children; and Bob Stanton, chairman, state Education Fund.

The women met at the Eagle Hall in Shiloh, and the men's meeting was held at the Eagle Home.

State Conductor Kathy Dallau, Shiloh, was the chairman of the meeting. She introduced State President Glenna Garwood, Mount Carmel, who introduced state officers and chairmen.

Madam Grand Trustee Barbara Cyphers, Jackson, Mich., gave a talk on the duties of auxiliary officers, followed by a question-and-answer period. Jorgensen won a large cloth mouse.

A dinner was held at the Eagle's Home, with Love as master of ceremonies. He introduced State President Paul Trinkle, who introduced his officers, state chairmen and Grand Treasurer Russ Clark, Omaha, Neb.

Zone 3 Conference for 1989 will be held in Vandalia, Ill., on April 9-11.

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#### We're Sorry!

In this week's Sale circular, we advertised Conair Fashion Plates on page 9 for 12.99 after 65 mail-in rebate. sale 17.99. Due to manufacturer's inability to ship, the merchandise will not be available until later in the week. Rain checks will be given.

On page 10 we advertised a Dysonmark 5 HP self-propelled lawn mower on sale for 249.99. Due to a photography error, the picture is not the sale merchandise. The Dysonmark 5 HP self-propelled mower without electric start should have been shown.

On page 19 we advertised Cobra Trapshooter radar detector on sale for 97.99 on page 19. Due to a photography error, the micro-laser radar detector shown will not be on sale. The full-size Cobra Trapshooter radar detector will be available, reg. 113.99, sale 97.99.

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## Humane Society seeks donations

The Madison County Humane Society is seeking donations of household goods, pet items, etc., for its annual rummage sale to be held Saturday, June 25, at Cottonwood Mall in Glen Carbon. Sale hours will be 9 a.m. to 4 p.m.

Donations may be made any time prior to the sale, or may be brought to the mall beginning at 8 a.m. on the day of the sale. Pre-pricing of items is recommended, particularly for items brought directly to the sale.

To arrange for a donation, persons may call 288-5643 or 288-9723, Glen Carbon/Edwardsville; 345-3759, Collinsville/Granite City; 797-4717, Granite City; 377-2726, Bethalto/Alton area; or 634-4195, Highland. All the donations are tax deductible.

## Resolution would oppose rate increase

SPRINGFIELD — A resolution opposing Illinois Power Company's proposed rate increase — to pass on the remaining expenses of its Clinton nuclear power plant to its customers — was introduced in the House on May 17.

The resolution backed by the Citizens Utility Board would be a signal to the Illinois Commerce Commission that the Legislature opposes rate increases for "unnecessary power plants," said Susan Stewart, CUB executive director.

"By approving this resolution, lawmakers will be reminding the commission of its duty to use every tool available to prevent unjustified rate increases," Stewart said.

Rep. Gary Hannig, D-Bend, said, "Illinois Power made a bad mistake (in building the plant) and the bottom line is they are going to be the ones who are going to pay."

"The resolution directs the ICC not to compromise on the standards of the Public Utilities Act, which prohibits utilities from charging consumers for 'unnecessary power plants or waste or mismanagement during construction of new power stations.'"

Much of the legal basis for CUB's opposition to an Illinois Power rate hike to pay for the Clinton plant is that it considers the plant uneconomic.

Illinois Power has argued that the Clinton plant is needed and, consequently, it can charge consumers for the plant, Stewart said.

The resolution also calls for the ICC not to grant Commonwealth Edison a rate increase to fund two other plants which CUB considers uneconomic.

## Panel endorses funds for bridges

A request for \$1.3 million in federal money to replace two, two-lane bridges in St. Clair County has been endorsed by a panel of the East-West Gateway Coordinating Council.

The council's Executive Advisory Committee on May 17 approved the request for \$1,360,000 from the U.S. Department of Transportation to help pay for the replacement of the bridges on Illinois 157 on the northern end of Caseyville. One bridge is over the Conrail railroad tracks; the second spans Canteen Creek.

The federal money would be matched by \$440,000 from the Illinois Department of Transportation and also would be used to finance a relocation of a portion of Old Main Street in Caseyville.

The request was forwarded to the council's board of directors.

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## Quinn urging creation of state ethics reform board

SPRINGFIELD — A week after a state board recommended automatic pay raises for legislators, political activist Patrick Quinn proposed creating a special board to recommend automatic ethics reforms for public officials.

Although the proposal will not receive serious consideration from the Legislature, Quinn said, it underscores the need for a constitutional convention.

A General Assembly that would consider pay raises during a tight fiscal year is not serious enough to consider serious ethics reforms, Quinn said.

"The only practical way to get Illinois public officials to really pay attention to the need for ethics reform is to hit them in their pocketbooks with a salary freeze," Quinn said.

He blasted the Illinois Compensation Review Board for recommending a two-year, 9.5 percent pay increase for state

officials. He said the board was created in 1984 as an easy way for legislators to vote themselves an annual pay increase.

When the board recommends a pay hike, the General Assembly has 30 days to reject the increase or the recommendation takes effect automatically.

The House has voted against the pay raise but it would take effect if the Senate failed to act.

The Ethics Review Board would operate in a similar way, Quinn said. The Legislature would have 30 days to reject ethics reforms recommended by the board or they would become law, he said.

"An Ethics Review Board is needed because Illinois has had more public officials and judges convicted of felonies in the last decade than all other Midwestern states combined," Quinn said.

## Dixon, Simon to speak at St. Louis hotel

The St. Louis metropolitan area Congressional delegation will participate in a Town Hall Forum on Thursday, June 2, at the Sheraton St. Louis Hotel on North Seventh Street.

Former Sen. Thomas P. Eagleton, now practicing law in St. Louis, will be the moderator of the luncheon program, sponsored by the Regional Commerce and Growth Association.

Taking part in the program are Sens. John Danforth and Christopher S. Bond of Missouri and Sens. Paul Simon and Alan Dixon of Illinois. U.S. representatives have indicated they will participate unless a House session prevents them from leaving Washington.

Following brief statements, the Congressional panel will respond to questions from the audience.

A reception will start at 11:30 a.m. and the luncheon at noon. Tickets are \$25 for RCGA members and \$30 for non-members. For reservations, the RCGA may be called at (314) 231-5555.

The RCGA will honor two Mis-

souri legislators for their work in passage of a bill to set up the St. Louis Regional Convention and Sports Complex Authority. They are House Majority Leader Anthony D. Ribaudo, D-St. Louis, who sponsored the stadium

bill, and Senate President Pro Tem John F. Scott, D-St. Louis, who guided it through the Senate. Under the bill signed by Gov. John Ashcroft, the sports authority can issue bonds to finance a sports complex.

\*\*\*\*\*

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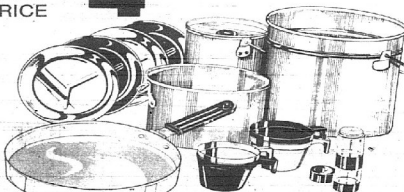

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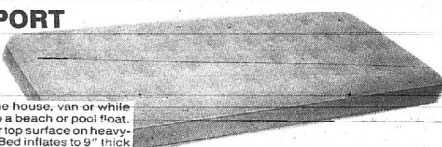
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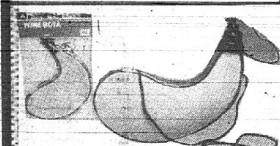
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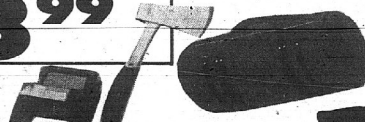
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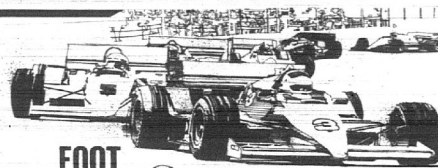
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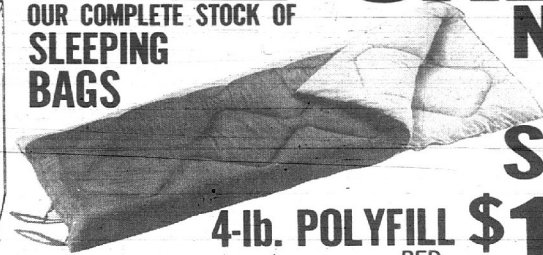


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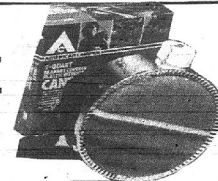
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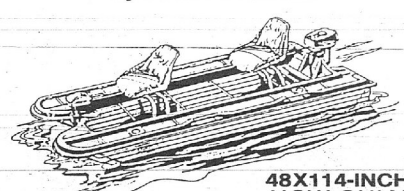
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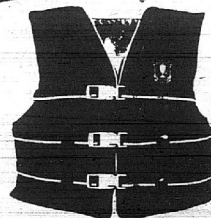
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## Prather children send bottles afloat

Children in Dot Bailey's fourth-grade reading class at Prather Elementary School sent bottles with notes and lucky pennies in them down the Mississippi River.

The children were inspired by a story they read in the newspa-

per about a boy finding a bottle with a note in it.

Concerned that a barge might destroy glass bottles, the children instead used plastic soda bottles. Bailey dropped the bottles into the river from the McKinley Bridge.

## School news welcomed

Information about schools in Granite City, Madison and Venice is welcomed by the *Press-Record Journal*.

Send information and photos about school events at the elementary, middle and high school levels to: Paul Guggina, Granite City Press-Record Journal, 1815 Delmar Ave., Granite City, IL, 62040.

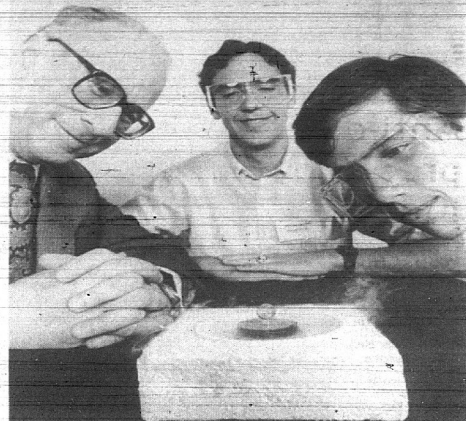
## Grigsby speller wins annual competition

Grigsby Junior High School student Jason Schacht won a dictionary in the annual spelling bee between Grigsby and Coolidge Junior High.

Grigsby's Kerl Rebstock finished second, Terri Buster of Coolidge finished third, Marc Patton of Coolidge took fourth and Bryan Welsor of Grigsby finished fifth.

Other participants from Grigsby included Danny Burris, Donnie Hays, Chris Krause, Darla Bauer, Holly Eugea, Kristen Martin, Laura Miller, Bridgette Flowers, Josh Houston, Jason Richardson, Jamie Egbert, Cheryl Forbes and Amy Choat.

Coolidge participants were Maria Hawkins, Debbie Falbe, Heather Gregory, Chris Stulwell, Marti Kutz, Chris Vance, Jason Rumpf, Gary Hoerle, Tracy Drakeford, Kim Kramer, Roy Smith, Karen Kidd, Bill Line and Jenny Baker.

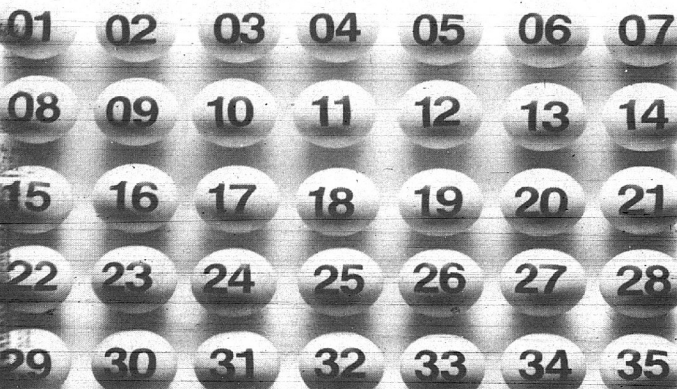


(Photo by Argonne National Laboratory)

## Superconductivity

**SUPERKIDS:** Alan Schriesheim, director of Argonne National Laboratory, demonstrates superconductivity — the loss of resistance to electrical current — to (center) Jeff Jensen of Stephen Decatur High School and (right) Richard Harmon of Granite City High School. Jensen and Harmon are among 300 students chosen to study advanced science for two weeks this summer at major Department of Energy research facilities. The superconductor produces a magnetic field counter to the one in the magnet above it and keeps the magnet floating.

## CAN YOU PICK THE FIVE WINNERS?



Every Monday, Wednesday and Friday, five of these balls are going to make a lot of people happy. Because that's when we're going to draw the winning numbers for CASH 5, the new Illinois Lottery game.

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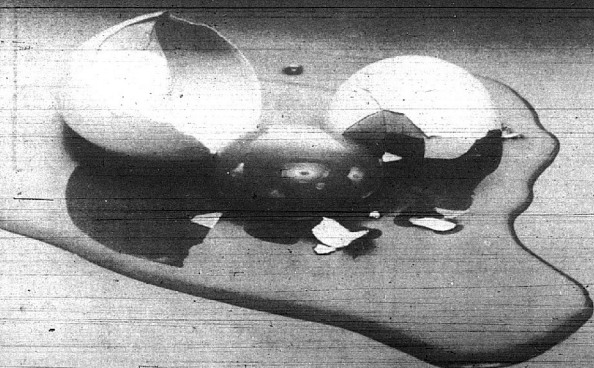
Pick five numbers and win thousands and thousands of dollars.



## Olympians

**IDEA LAB**—students in the fifth and sixth grades at Maryville Elementary School used the 1988 Olympics as a project to research the history of the Olympics. The students examined such things as how the number of events has increased, which countries participate, the locations and flags of those countries and the meaning of the Olympics symbol. Pictured, from left, are (front) Greg Sturdivant, Travis Mills, Renee Jackson, Becky McArthur and Gideon Fritzsche and (back) Jonathan Reader, Michael Oliver, Emily Epperson, Sacha Scott, Amy Gephardt, Charles Noud and Heather Kraus.

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## Club elects officers

The annual election of officers of Preceptor Beta Gamma Chapter, Beta Sigma Phi, was held in the home of Roberta Crawford.

Officers for 1988-89 are: president, Barth; vice president, Cherrel Smith; recording secretary, Betty Beck; corresponding secretary, Crawford; treasurer, Koenig; and extension officer, Hente.

The new officers will be installed at the first May meeting. The hostess used an Easter theme, and Carolyn Walsh presented rose-decorated eggs.

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**SPECIAL OLYMPIANS.** Parkview Elementary School pupils, from left, Shawn Gordon, Kim Schmidt, Dennis Reville, Georgia Hanner, Jeremy Petralt and Jamie Prater



all won medals in the Granite City Special Olympics held at Southern Illinois University at Edwardsville. Also shown is their physical education teacher, Joanne Higgins.



## Marshall PTA announces disbursements

Marshall PTA President Emil Klug announced the disbursement of PTA funds for the 1987-88 school year at the PTA's April meeting.

Klug said the following disbursements were made during the year: \$500 to supplement the Cultural Arts Grant awarded to Mary Lou Schwab, learning center teacher; \$600 to purchase

## Undiscovered poets sought

The American Poetry Association is sponsoring a new poetry contest that awards \$10,000 worth of prizes to undiscovered poets. The grand prize winner gets \$1,000, and 150 other poets will receive cash, certificates and book awards. Contest entry is free. Everyone is welcome to enter.

Interested poets may send up to five poems of no more than 20 lines each, with name and

address on each page to American Poetry Association, Department CN-52, 250 A Potrero St., P.O. Box 1803, Santa Cruz, Calif. 95061-1803.

Poems mailed by June 30 are eligible to win and prizes will be awarded by Aug. 31. Another contest will begin July 1 and end Dec. 31. Prizes will be awarded by Feb. 28.

## Anti-drug programs praised

By Edward T. Hearn  
P-R/J Washington bureau

WASHINGTON — First Lady Nancy Reagan, saying the country is winning the battle against illegal drug use, used a special White House ceremony on May 16 to praise the anti-drug programs at Belleville Township High Schools East and West.

Mrs. Reagan is the chief promoter of "Just Say No," the national rallying cry against drug use. As part of the campaign to stop what she called the "drug epidemic," she invited students and administrators from 30 schools across the country that the Department of Education had cited in April for leadership in drug prevention programs.

"You here today deserve credit. You are among those who are making the difference. You are changing the way this nation thinks about drugs," said Mrs. Reagan, standing beside a towering portrait of George Washington.

The 30-minute ceremony, held in the East Room where President Reagan holds his press conferences, included Education Secretary William Bennett and about 250 guests.

Mrs. Reagan shook hands with each student representative and handed out plaques in recognition of each school's progress in fighting illegal drug use.

"It was like hitting the jackpot of a slot machine, I would say," said Laura Martin, a junior at Belleville West, describing her encounter with Mrs. Reagan.



**THE FUTURE** is looking bright for the Madison chapter of Future Secretaries of America. The chapter has learned that secretaries will be in greater demand in the next few years. Pictured, from left, are Tina Dixon, Sheri Morgan, Sheri Wilson, Carla Reynolds, Marcus Crisnau, Dawn Hamm, RaShawn Matthews, Amy Robertson and Tawana Carter.

## Future secretaries learn about Quad City area's business needs

At its final meeting of the year, the Madison High School chapter of the Future Secretaries of America heard some good news.

The group learned that unemployment is declining in Illinois, and that secretaries will soon be in greater demand.

Marcus Crisnau, a representative of the Granite City office of the Illinois Job Service, told the group that Illinois expects an employment growth of 18 per-

cent over the next few years. A large part of that growth is expected in the area of office support jobs.

Crisnau invited all the members to be interviewed and have a job assessment taken at his office.

The meeting was conducted by FSA Chapter President Dawn Hamm. Reports were given by members Melissa Hahn, Sheri Wilson and Amy Robertson.



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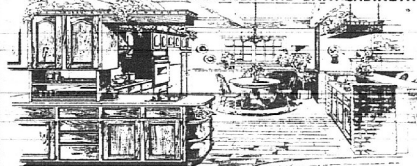
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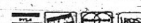
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# Obituaries

10A GRANITE CITY JOURNAL—May 25, 1988

## Barley

Audrey Barley, 75, Granite City, died at 11:45 p.m. Sunday, May 22, 1988, at the Calvin Johnson Nursing Home, Belleville, after a long illness.

Born Dec. 3, 1912, in East Prairie, Mo., Miss Barley resided in Granite City for 40 years. She was a telephone operator at Southwestern Bell Telephone Co. in East St. Louis for 15 years and retired in 1945.

Miss Barley was of the Methodist faith.

Funeral services will be held at Mercer Mortuary, 1416 Niedringhaus Ave., at 1 p.m. Friday, with the Rev. John Davis officiating. Burial will be at Sunset Hill Cemetery, Edwardsville. Visitation will begin at 9 a.m. Friday at Mercer.

## Dowdy

John Ed Dowdy, 72, Granite City, died at 6:25 p.m. Saturday, May 21, 1988, at St. Elizabeth Medical Center.

Born Sept. 25, 1915, in Dover, Tenn., Mr. Dowdy resided in Granite City for 38 years. He was employed at Granite City Glass Co. for 12 years as a carpenter.

Mr. Dowdy was a member of Carpenters Local 63 for 30 years and was a member of the First Church of the Nazarene.

He is survived by his wife, Katie (Rushing) Dowdy, and one son, John E. Dowdy Jr., both of Granite City; four daughters, Mrs. Donald (Angie) Martin, Carlsbad, Cal.; Mrs. Donald (Evelyn) Elmore, Granite City; Miss Lorraine Dowdy, St. Louis, and Mrs. John (Eva) McGinness, Mitchell; two brothers, James Dowdy, Caseyville, and Lathan Dowdy, Houston, Texas; a sister, Mrs. Lucy (Charlene) Rushing; nine grandchildren and one great-grandchild.

Mr. Dowdy was preceded in death in 1967 by a son, James Ray Dowdy, who died in Vietnam.

Funeral services were held Tuesday at Werner Chapel for Funerals, 3939 Lake Drive, Pontoon Beach, with the Rev. William Roodly officiating. Burial was at Sunset Hill Cemetery, Edwardsville.

## Gann

James Leon Gann Jr., 39, 2821 Myrtle Ave., was pronounced dead at 11:25 a.m. Saturday, May 21, 1988, at the emergency room of St. Elizabeth Medical Center after being stricken with a sudden illness.

Born Jan. 2, 1949, in Granite City, Mr. Gann resided here all his life. He was a Christian and was employed by the Wagner Equipment Co., Wood River, as a heavy equipment mechanic.

He is survived by a son, James Brooks Gann, Whit, Texas; a daughter, Mrs. Jack (Jeanne) Stevens, Weatherford, Texas; his parents, Mr. and Mrs. James Leon (Audrey Townzen) Gann Sr., Pontoon Beach; three brothers, Terrance Wayne Gann and Rodger Dale Gann, both of Pontoon Beach, and Glenn Vance Gann, Staunton; two sisters, Donna Sue Wood and Mrs. Todd (Lisa Renae) Razor, both of Pontoon Beach; grandmothers, Mrs. Beatrice Gann, Filmore, Ill., and Mrs. Mattie Townzen, Maryville; and his grandfather, Ivy Townzen, Paris, Tenn.

Funeral services were held Tuesday at Thomas Memorial Mortuary, 2205 Pontoon Road, and burial was at Sunset Hill Cemetery, Edwardsville. Memorials are requested for the Heart Fund.

## Jones

Patricia A. (Collins) Jones, 54, Lincoln, Neb., formerly of Granite City, died Sunday, May 22, 1988, in Omaha, Neb.

Born Friday, Aug. 20, 1933, in Springfield, Ill., Mrs. Jones resided in Lincoln for 12 years. She was a member of First Presbyterian Church, Granite City.

She is survived by her husband, John Jones, and a son, Stephen Jones, both of Lincoln; three daughters, Shirley Brooks and Sandra Devlin, both of Lincoln, and Suzanne Wollek, Austin, Texas; and four grandchildren.

Funeral services were held Tuesday at Luther-Maser-Love Mortuary, Lincoln, Neb., with the Rev. Wallace Easter officiating. Her remains were cremated. Memorials are requested for the American Cancer Society or the American Heart Association.

## Ortmann

Margaret A. (Wilken) Ortmann, 85, Edwardsville, died at 8:15 p.m. Sunday, May 22, 1988, at the Madison County Nursing Home, Edwardsville.

Born Aug. 8, 1892, in Carlyle,

Ill., Mrs. Ortmann resided there most of her life. She was a member of St. Mary's Catholic Church, Carlyle.

She is survived by a daughter, Mrs. Mildred Diffenauer, Granite City; three grandchildren, 10 great-grandchildren and five great-great-grandchildren.

Funeral services will be held at 10:30 a.m. Thursday at St. Mary's Catholic Church, 12th and Jefferson, Carlyle, with the Rev. Victor Sukowski, and the Rev. Don Wolford officiating. Burial will be in St. Mary's Cemetery there. Visitation will begin at 4 p.m. today (Wednesday) at Zieren-Day Funeral Home, Carlyle.

## Sherman

Frank Milton Sherman, 78, Pontoon Beach, died at 2 p.m. Saturday, May 21, 1988, at his home.

Born June 15, 1909, in Dix, Ill., Mr. Sherman resided in Pontoon Beach for 50 years.

He was employed at General Steel Industries, Granite City, for 35 years, retiring in 1972 from the cure room.

He is survived by his wife, Carrie (Kennerly) Sherman, Pontoon Beach; two sons, Don McNew, Pontoon Beach, and John McNew, Granite City; two daughters, Mrs. Randal (Sue) Askew, Coulterville, and Mrs. Bob (Mary Louise) Stuehlmeier, Centralia; a brother, Clifton Sherman, Dix; three sisters, Mrs. Gertrude Sherman, Centralia, Mrs. Mabel Burge, Dix, and Mrs. Leonard (Elsie) Vogen, Tucson, Ariz.; 11 grandchildren and 11 great-grandchildren.

Funeral services were held Monday at Werner Chapel for Funerals, 3939 Lake Drive, Pontoon Beach, with the Rev. William Mullis officiating. Burial was at St. John Cemetery, Granite City.

## Thompson

Alberta C. (Yockum) Thompson, 69, 1908 Rhodes St., Madison, died at 5:50 a.m. Sunday, May 22, 1988, at her son's home, 2741 Dale Ave., where she was pronounced dead by Deputy Coroner Ed Werner. She had been ill two months.

Born May 30, 1918, in Pottersville, Mo., Mrs. Thompson, formerly of Granite City, lived in Madison for 17 years. She was of the Baptist faith.

She was preceded in death in 1965 by her husband, Everett Thompson, whom she married in 1936 in West Plains, Mo., and was preceded also by a son, Jerry.

Mrs. Thompson is survived by four sons, Everett Thompson, Hallsville, Mo.; Billy Thompson,

Kansas City, Mo.; and Leslie Thompson and Charles Thompson, both of Granite City; a daughter, Mrs. Jerry (Nancy) Counts, Florissant; three sisters, Babe McCracklin, Kansas City, and Mary Thompson and Martha May Morgan, both of West Plains; 23 grandchildren and nine great-grandchildren.

Funeral services are pending at Carter Funeral Home, West Plains, Mo., with local arrangements by Meyer Mortuary (876-4321).

## Young

Wayne W. Young, 80, Mitchell, died at 6:27 p.m. Monday, May 23, 1988, at St. Elizabeth Medical Center. He had been ill for three years.

Born June 29, 1907, in Muncie, Ind., Mr. Young resided in the Quad Cities for 77 years. He retired in 1973 from the north plant of Granite City Steel, where he was a chairman for 28 years.

Mr. Young was a veteran of World War II, a member of Mitchell Presbyterian Church and American Legion Post 113, and a charter member of the Chouteau Township Senior Citizens.

He is survived by his wife, Avalon (Uhlman) Young, Mitchell, and two sisters, Mrs. Alice Gravatt and Mrs. Walter (Arlinthea Mae) Bamber, both of Granite City.

Funeral services will be held at 11 a.m. Thursday at Werner Chapel for Funerals, 3939 Lake Drive, Pontoon Beach, with the Rev. Linda Shugert officiating. Burial will be at Valley View Cemetery, Edwardsville. Visitation will be held today (Wednesday) from 2 to 9 p.m. at Werner. Memorials may be sent to the Mitchell Presbyterian Church Building Fund.

## Big Band concert tonight at Wilson

GRANITE CITY The ninth Big Band concert series kicks off tonight (Wednesday) at Wilson Park.

The Stan Fornasawski Band will perform at 7:30 at the park, 27th Street and Delmar Blvd. If the weather is bad, the concert will be held at the skating arena. Admission is free.

The series is sponsored by the American Federation of musicians and the Granite City Park District. The band will perform each week on Wednesday night except next week, when the concert will be moved to Friday night as part of Granite Fest '88.

# For the record



## Memorial award

**HONORS:** David Long, left, of Granite City recently won the Harry A. Kluge Memorial Honor Award for excellence as an engineering student at Southern Illinois University at Edwardsville. Long, who is past personal relations director of the SIUE chapter of the Institute of Electrical and Electronic Engineers, was honored at a banquet sponsored by the SIUE School of Engineering. Also shown is Steve Poletti of Collinsville, who won an American Institute of Industrial Engineers Outstanding Senior Award.

## Streets in Nameoki township to be swept

Street sweeping will begin Thursday in Nameoki Township and continue through the following week, Highway Commissioner Lee Adams announced at Monday night's Nameoki Town Board meeting.

"If it is possible, please park in driveways instead of on the street," he suggested.

## School news welcomed

Information about schools in Granite City, Madison and Venice is welcomed by the Press-Record/Journal.

Send information and photos about school events at the elementary, middle and high school levels to: Paul Guggina, Granite City Press-Record/Journal, 1815 Delmar Ave., Granite City, IL, 62040.

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## Homemakers hold annual meeting

The 52nd Annual Achievement Program for the Madison County Homemakers Extension Association was held at the American Legion Hall in Edwardsville, with 240 in attendance.

Liz Stewart, newspaper columnist, humorist and author, from Princeville, Ill., was the speaker.

The business meeting was conducted by Sarah Bequette, president. The Pledge of Allegiance was led by Karen Nel-

son, citizenship director and Norma Meyer gave the invocation.

Saline Helvetia had the largest net gain in membership for the past year. Godfrey Unit received a blue ribbon for meeting all obligations by a prescribed time.

Officers installed included Sharon Helms, Edwardsville, president; Betty Blumberg, Marine, first vice president; and Janet Kruse, Highland, secretary; and board members.

Viola Baumann, Edwardsville; Pat Mitchell, Granite City; Bet Newman, Edwardsville; Judy McMillan, Highland; and Ruth Meyer, Worden.

Advisers Janet Burnett, Catherine Mauck and Mary Lou Garbe reported on Extension activities during the year.

Carol Rinehart, Northwest District, extended an invitation to the 53rd Annual Meeting to be held in 1989.

## Eagles Auxiliary nominates officers

Nominations for officers were made at the last regular meeting in April of the Eagles Auxiliary.

Nominated were: past president, Yvonne Gray; president, Susie Oliver; vice president, Florence Stokes; chaplain, Ruth Jorgensen; conductor, Wanda Bailey.

Secretary, Vincine Zerlan; treasurer, Virginia McCall; inside guard, Wanda Aitkens; outside guard, Delphine Delaney; Trustees, Angie Buehler, three years, Helen Lapchik, two years, and Florence Hagnauer,

one year.

Delegates to the state conventions will be Gray, Oliver, Hagnauer, Jorgensen and Zerlan, with and Dee Klesh, alternate delegate.

The meeting was opened by Gray.

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The Auxiliary voted on four applicants and the re-enrollment of Becky Childers.

Refreshments and birthday cake were served. Buehler was hostess.

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All tickets are non-refundable and travel must be completed by September 11, 1988. Seats are limited and may not be available on all flights.

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## MEMORIAL WEEKEND

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Orig. \$60-\$150, sale 39.99-99.99. Select soft, woven, & knit styles from Argenti, SK & Co., more. Dresses, Petite Dresses. \*Women's dresses available Downtown, West County, Northland, St. Clair.



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- **CLAYBROOKE STRIPED KNIT SHIRT** .....SALE 12.98  
Reg. \$15 & 15.99. Striped polo knits or t-shirts from Claybrooke. Sizes M-L-XL. Men's Sport Shirts.
- **FARAH CASUAL DUCK PANTS** .....SALE 19.98  
Orig. \$30, reg. 23.99. Belted plain front or pleated styles. Cotton/poly. Men's Casual Pants.
- **ENTIRE STOCK GENERRA SHORTS** .....SAVE 30%  
Reg. \$25-\$34, sale 17.50-23.50. Pleated & elastic waist shorts in solids, stripes & plaids. Men's Sportswear except Southtown, Northland.
- **CLAYBROOKE SHORTS OR SWIMWEAR** .....SALE 12.98  
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- **ALL YOUNG MEN'S OCEAN PACIFIC SWIMWEAR** .....SALE 19.60  
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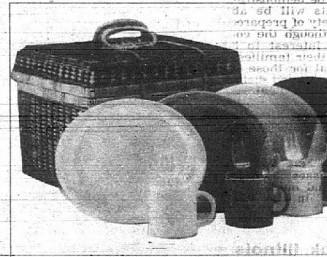
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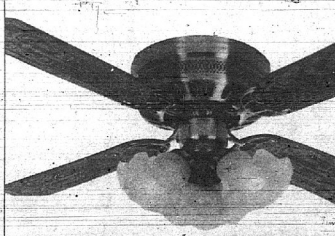
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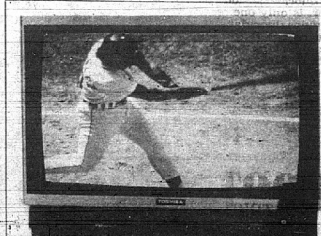
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# Health care

## High-tech affecting hospital care costs

**CARBONDALE** — Region 4 members of the Illinois Hospital Association (IHA) on April 29 hosted 255 hospital administrators, physicians, trustees and guests for the region's 11th annual Chief Executive Officer/Medical Staff/Trustee Conference, held at the Missouri Athletic Club in St. Louis. Fifteen businesses co-sponsored the conference.

Featured speaker was Robert E. Kane, M.D., dean of the School of Public Health, University of Minnesota, Minneapolis.

Kane called on hospitals and medical staff to look at problems afresh and provide new approaches that use available information in problem-solving modes, rather than adopting defensive postures.

He said, "Public expectations create a demand for increasing technology at the same time that concerns are expressed about cost of care."

"Health is now seen as less of a social service and more of a business. As it becomes a business, it is increasingly suspect."

Quality is talked about," he said, "but concerns seem more centered on cost controls."

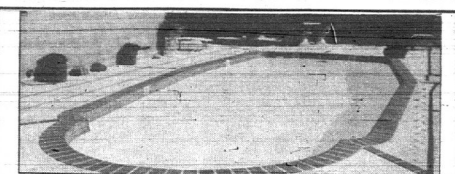
Kane said the hospital industry is beginning to recognize that major differences exist between a social contract, which is directed to meeting the needs of a group and, simply, marketing services.

By comparison, the chief executive of a major automobile manufacturer is paid not to meet the transportation needs of America but, rather, to sell a large number of cars," he said.

Representatives of 19 hospitals from throughout southern Illinois and metropolitan St. Louis attended the conference.

IHA Region 4, which encompasses Madison, St. Clair, Clinton, Monroe and Randolph counties, is one of the association's nine regions statewide.

IHA is the professional association that represents the interests of community hospitals in Illinois.



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## SEMC offers Lamaze classes

The Obstetrics Department at St. Elizabeth Medical Center, 2100 Madison Ave., is offering classes in the Lamaze method of birthing for expectant mothers and fathers during the last three months of pregnancy.

Classes are provided as a community service and meet in the Pre-Natal Classroom, on the second floor of the McKinley School Building, 22nd and Iowa streets, across from the medical center.

The six-week series of classes

includes relaxation and breathing techniques, discussion of labor and delivery, medications and Caesarean sections, an introduction to parenting and breastfeeding, and a tour of the OB Department. Pre-registration is required.

Tuesday sessions will be from 6:30 to 8:30 p.m., beginning May 31; Wednesday sessions will be from 6:30 to 8:30 p.m., beginning June 1.

Those parents who have had the Lamaze class within the past

two years and are expecting another child should plan to attend the first evening of the Lamaze class. An instructor will assist in determining which of the other classes should be attended.

Women anticipating their second or third Caesarean section should attend the fifth evening of any Lamaze series.

For more information or to register, call the SEMC Obstetrics Department at 788-3940.

## Proper diet can reduce cancer risk

The government estimates that 35 percent of all cancer deaths are related to what people eat. This may seem like a startling statistic, but it actually translates into some encouraging news, says the National Foundation for Cancer Research.

By following a few dietary guidelines, the NFCR says, you and your family can dramatically reduce your risk of cancer.

Although no food can cure cancer by itself, the following contain nutrients and vitamins that can have anti-cancer properties:

Brussels sprouts, broccoli, carrots, cauliflower, lettuce, leafy green vegetables, whole-grain breads, whole-grain cereals, cabbage, tomatoes, citrus fruits and yellow vegetables.

Americans tend to eat too many fatty foods, which can contribute to breast, colon and prostate cancer. By cutting down on fats, you will also avoid obesity; obesity increases the risk of many forms of cancer. Eat lean meats, fish and poultry.

Incorporating high-fiber foods regularly into your diet seems to guard against cancer of the colon. Fiber is readily available in bran cereal, fresh fruits and vegetables are another good source.

Smoked, salty or nitrite-cured foods should be eaten only in moderation. People who eat these foods frequently have a higher rate of esophagus and stomach cancer.

Finally, take care not to char meat when barbecuing.

Creating an "anti-cancer" diet is an easy, effective measure that everyone can take. It not only makes good sense, it's good science.

The National Foundation for Cancer Research is a private, nonprofit organization based in Bethesda, Md. With the help of donors nationwide, it has allocated more than \$50 million to basic cancer research over the last decade.

The National Cancer Institute currently is offering a free booklet, "Diet, Nutrition and Cancer Prevention: The Good News."

For a copy, name and address may be sent to Department 5171, Consumer Information Center, Pueblo, Colo. 81009.

## Healthier cooking to be taught

Finally, there is a diet class that tells you what you can eat. Cooking a la Heart, sponsored by St. Elizabeth Medical Center, Granite City, is a four-week course in basic nutrition taught by a registered dietitian.

The course opening June 16 will also cover basic principles of nutrition recipe modification, menu planning, and food selection and preparation. Recipes will be demonstrated and participants will be able to taste a variety of prepared dishes.

Although the course is of special interest to heart patients and their families, it is also beneficial for those people who are on restricted diets to lose weight or for medical reasons, according to the medical center.

"The recipes we will be preparing are not only low in calories, sodium, fat and cholesterol, but they are creative and delicious," according to the center. Classes start Tuesday, June 16, and meet from 6 p.m. to 8 p.m., in the Wiesman Room.

located on I-West. Cost is \$30 per person: Due to a limited enrollment, pre-registration is required.

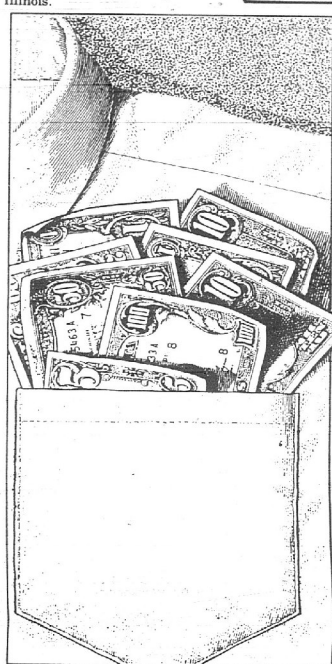
Based on the American Heart Association's dietary guidelines for a healthy diet, participants will learn how to:

1. Adjust calorie intake;
2. Reduce fat, saturated fat and cholesterol intake;
3. Shop and read labels correctly;
4. Enhance the taste of foods;
5. Select and prepare fish and seafood specialties;
6. Prepare meatless meals; and
7. Prepare desserts.

For more information or to register, the number is 788-3492.

## If you see news...

If you see news, call the Press-Record Journal at 877-7700 and ask for the editor, Jack C. Ventimiglia.



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# Entertainment

## Stan, big band will begin year

The Granite City Park District has scheduled its first big-band concert of the 1988 season for Wednesday, May 25, at 7:30 p.m. The location will be the front of the park along 27th Street, near Delmar Avenue. In the event of rain, the site will be the Wilson Park ice skating rink building.

Featured will be Stan Fornaszewski and his Big Band. Big-band concerts also are planned at Wilson Park on June 3 and 29, July 13, and Aug. 3 and 17. Sponsor is the Park District, in cooperation with American Federation of Musicians Local 712.

Admission to the two-hour concert is free. The 14-piece band will provide "excitement and memories" for both younger and older members of the audience. Emphasis will be given to "the best music of the big bands, and beyond." New to the band this year, the ninth season, is Mrs. John (Bonnie) Fornaszewski. She will be doing favorite vocals from the Gene Krupa band, Linda Ronstadt numbers, and songs written by Stan Fornaszewski. The band will play the music of Tommy Dorsey, Benny Goodman, Harry James, Count Basie, Russ Morgan, Les Brown, Nelson Riddle, Doc Severinsen, Woody Herman, Buddy Rich and Louis Bellson.

In addition to creating original tunes, and directing the band, Stan Fornaszewski is a national known drummer and also



Stan Fornaszewski

plays the jazz vibraphone, piano and classical violin. His band is scheduled to perform July 27 in Paducah, Ky., for the Summerfest celebration, set for the riverfront area along the Ohio River.

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## Clemente's works surrealistic

By Paul A. Harris  
Staff affiliate

The contemporary graphic works of Francesco Clemente, on temporary exhibit at the St. Louis Art Museum, are a curious collision of styles and sensibilities.

In Clemente's etchings, woodcuts, lithographs and monotypes, mythical and medieval images find their way into compositions that are flamboyantly surreal.

"Francesco Clemente: The Graphic Work" features 25 pieces done between 1981 and 1987. Among the early works are a series of etchings titled "The Telephone Group," done at Crown Point Press in Oakland, Calif.

Searching Clemente's imagery for meaningful analogues can be a merry chase. "Telephone 1" is

dotted with human embryos whose tendrils trail off, not to a placenta, but to hooks about to be swallowed by fish.

Although the artist worked with the late Andy Warhol, and his work has been compared to the early European printmakers, he seems to have at least a spiritual affinity for the absurd, free-associational surrealists of the early 20th century, such as Rene Magritte and Giorgio de Chirico. "Self-Portrait 4

(Snake)" calls to mind the malevolent and absurd cartoons of Gahan Wilson.

"Francesco Clemente: The Graphic Work" will hang in the museum's Cohen Gallery through June 5. Museum hours are 1:30 to 8:30 p.m. Tuesday, and Wednesday through Sunday, 10 a.m. to 5 p.m. The museum is closed on Mondays. Admission to the museum is free. For more information call (314) 721-0067.

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**1988 AINAD TEMPLE SOUTHERN ILLINOIS SHRINE CIRCUS**  
GRANITE CITY, ILL. PARADE: Monday, May 30th at 7:30 p.m.  
CIRCUS PERFORMANCES: Tuesday, Wednesday, Thursday, May 31st, June 1st and 2nd, each evening, starting time 7:30 P.M. at Tri-City Speedway, Rt. 203.  
BELLEVILLE, ILL. PARADE: Friday, June 3rd at 8:00 p.m.  
CIRCUS PERFORMANCES at Belle-Claire Fairgrounds, Saturday and Sunday, June 4th and 5th, the same time for both days 2:30 P.M. and 7:30 P.M. 11-12-13  
TICKETS may be purchased from a Shriner, or at the Gate prior to the performances. They are also available at all Metro East Schnucks Stores, Hucks Convenience Stores or any business displaying "Ainad Circus Tickets Available Here" sign. Tickets are also available at all ticket master locations or by calling Ticketmaster at 314-623-5000. Admission is only \$4.00 in advance for Adults, with two (2) Kids under 12 admitted for the same price. Tickets at the gate are \$5.00. The Southern Illinois Shrine Circus is sponsored by the nearly 8500 Nobles of Ainal Shrine Temple, and is for the benefit of Ainal Temple, and is not tax deductible.



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# Travel

May 25, 1988 - GRANITE CITY JOURNAL

38

## Church leaders going to Moscow

Seven prominent American church leaders have been named by the National Council of Churches to participate in a prayer vigil in Moscow May 28 to June 3 during the Reagan-Gorbachev summit.

The delegation will continue a pattern begun at the initiative of NCC General Secretary Arrie R. Brouwer when the superpower leaders first met in Geneva in 1985. Nine Soviet church officials went to Washington, D.C., last December for a prayer vigil that took place at the National Cathedral there.

Noting the successful conclusion of that summit at which Gorbachev and Reagan signed an arms treaty and were working on another, Brouwer said, "We dare to hope that we will meet together next year in Moscow."

He also told the Soviet guests that the U.S. participants in that event would "commit ourselves now as citizens of the United States to ensure the ratification of the INF treaty."

The U.S. delegation will go to the USSR at the invitation of Patriarch Pimen of the Russian Orthodox Church. Pimen, whose title is Patriarch of Moscow and All Russia, will preside at the opening services at the Cathedral of the Epiphany on the eve of Reagan's fourth meeting with the Soviet leader.

The vigil itself is expected to take place at the historic St. Daniel's Monastery not far from the Kremlin.

As during the earlier summit meetings, it is expected that prayer services will take place

in cities across the United States sponsored by local and regional councils of churches, and in many churches in the Soviet Union.

The American delegation will arrive in Moscow on May 28, headed by Dr. Claire Randall, former NCC general secretary relations between the U.S. and Soviet churches were developed. In 1974, she became the first woman to preach in a Russian Orthodox Cathedral. In 1984, she received the medalion of the Order of St. Prince Vladimir. She was the first American to receive the honor.

Randall retired from the Council in 1985; she is an active member of the Presbyterian Church (USA).

Others in the delegation include:

• Dr. I. Carlton Faulk, a lay member of the predominantly black Christian Methodist Episcopal Church. His home is in Berkeley, Calif., where he serves as general secretary for his community's law ministry. He is a vice president of the NCC.

• Betty Gray, an Episcopal lay woman who serves as the executive director of the New York-based Japan International Christian University foundation. A former staff member of the Associated Press and of several magazines, Gray will assist the delegation as its press officer.

• JoAnne Kagiwada, an Asian American lay member of the Christian Church, Disciples of Christ, from Indianapolis. A lawyer by profession, she is international affairs director for the

Division of Homeland Ministries of her church. She is a vice president of the NCC.

• The Rev. Donald Miller, general secretary of the Church of the Brethren, with offices in Elgin, Ill.

• President Robert White of the New Brunswick (N.J.) Theological Seminary, an institution of the Reformed Church in America. White has been a leader in the NCC's program of U.S.-USSR Church Relations.

• Rena Yocom, a permanent deacon in the United Methodist Church who is associate pastor of the Prairie Village, Kan., Presbyterian Church. She was a vice president of the council from 1984 to 1987.

• Yocom and Kagiwada participated in the earlier vigils.

Two NCC staff members will accompany the delegation. They are the Rev. Dwain Epps, assistant general secretary and director of the International Affairs Commission, and Deacon Michael Roshak, director of the council's Europe-USSR Committee. Roshak is a deacon in the Orthodox Church in America.

Epps, a Presbyterian minister, will be responsible for drafting a joint message from the Soviet and U.S. participants. Similar messages released in Geneva and Washington also were prepared by him.

Soviet participants are expected to include, in addition to Russian Orthodox leaders, representatives of Baptist, Lutheran, Roman Catholic and Methodist churches as well as officials of the Armenian and Georgian Orthodox churches.

Another group of U.S. church leaders will go to the Soviet Union a week later to participate in observances June 4-16 of the 1,000th anniversary of the baptism of Kievan Rus — the territory which is today the Ukraine, Russia and Byelorussia.

That recorded event in the year 988, regarded as the beginning of Christianity in that territory, was the baptism of the Kievan people in the Dnieper River as ordered by Prince Vladimir. The millennial celebrations are sponsored by the Russian Orthodox Church.

Top National Council of Churches officials who have received invitations from the Russian Orthodox Church to take part in the millennial observances are the Rev. Brouwer, NCC general secretary, a minister of the Reformed Church in America; Randall, who will represent the NCC's president, the Rev. Patricia McClurg; and the Rev. Leonid Kishkovsky, NCC president-elect for 1990-91, a priest of the Orthodox Church in America.

Also attending by invitation and serving as staff will be Deacon Roshak and the Rev. Martin Bailey, NCC-associate general secretary for media and member services.

The NCC officials and staff will be among the several hundred foreign guests at the millennial observances including many Americans, among whom will be many heads and representatives of the NCC's 32 Protestant and Orthodox member churches.



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SAT  
9:30-5:00

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## Opportunities await student globetrotters

By Randy Mink  
Staff affiliate

Free-spirited young vagabonds jet to Europe every summer, seeking high adventure at low cost.

American students know how to travel on a shoestring. They sleep in dormitories or hostels, eat cafeteria food and find casual employment to make their travel dreams a reality.

Summer study  
You do not have to major in a foreign language or art history to study abroad. Summer courses range from finance to photography.

Study programs appeal to those who like the idea of staying in one city, getting to know culture and receiving academic credit. A scholarly stint in Europe also dresses up a resume.

In light of the uncertain dollar, an all-inclusive program, with most expenses paid in advance, looks especially attractive for this year and next.

Few places could be more stimulating than London, where Richmond College, the American International College of London, offers a variety of courses unrivaled by any British summer school. Students choose from "European Business Environment," "Interior Design in Britain," "Inside Parliament," "Shakespeare's Tragedies," the "Elizabethan World" and dozens of other courses taught during four, three-week sessions.

Summer students stay at one of several Richmond residences in London's fashionable Kensington high-rise. Only a few weekend meals are not included in the three-week fee of \$1,849 from New York. A six-week stint is \$2,639; nine weeks, \$3,289; 12 weeks, \$3,889. Groups generally depart from New York. Additional air fare from St. Louis to New York is about \$200.

Using Britain's excellent train and bus networks, students can make day or weekend excursions to towns like Oxford, Cambridge and Stratford-on-Avon. The great sights of London are just a walk or subway ride from Kensington.

Richmond College, a four-year liberal arts school, is affiliated with the American Institute for Foreign Study, which offers summer language programs for college and high school students at Spain's University of Salamanca, the Sorbonne in Paris and the College International de Cannes, France. Cambridge University sessions spotlight British studies.

For a college or high school catalog, contact AIFS, 102 Greenwich Ave., Greenwich, Conn. 06830; or call 800-727-2437.

Anyone 16 and older who wants to learn a language should check out Eurocentres, a

## Arts council holds first fund drive

The Madison County Arts Council will begin its first annual fund drive this month with a mailing to a number of county residents and with a solicitation campaign to businesses and corporations.

"In the past, we have had an ongoing fund campaign throughout the year," said B. Thomas Samples, arts council president.

"But now, like most non-profit organizations, we are going to hold an annual fund drive with a goal amount. This year our goal is \$25,000." The funds will be used during the council's 1988-89 fiscal year, which begins July 1.

Funds from the campaign will be used to pay for the council's educational programs like the Performing Artists Series and Visiting Artists Series and Kids

and Art Workshops which are held in cooperation with public libraries.

The council will hold a phone-a-thon in June as a follow-up to the mail campaign. "We will be asking people to become 'friends,'" said Samples.

The levels and amounts for tax-deductible individual contributions to the council are: friend, \$15; partner, \$25; family, \$50; advocate, \$100; sponsor, \$250; patron, \$500; and benefactor, \$1,000.

The corporate campaign will concentrate on businesses in Metro East and St. Louis.

"Corporations will receive a letter and a telephone call or a meeting with an MCAC board member or myself," Mary Moody said. "We will also be

seeking grants from St. Louis foundations."

Levels for giving range from \$100 to \$5,000 for corporations and foundations.

Samples and Andrew Augustine, a member of the board of directors, will head the individual fund drive.

Moody, vice president of the council, will chair the corporate fund campaign.

The Madison County Arts Council is a non-profit corporation, founded in 1981, serving arts and education in the county.

The council provides educational programs to schools and serves as the umbrella organization for the 27 arts groups in the county.

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# Around the kitchen

## Make this Memorial Day sizzle using backyard barbecue tips

By Janice Denham  
Food editor

Make the Memorial Day weekend stand out in anyone's memory. It is the kick-off date for the barbecue season. And that barbecue is spelled with a capital "B" — just like BBQ.

Men like to take this category of cooking to their patio and women appreciate their help in getting to the table a tasty, hot meal that everyone will enjoy. One of the most famous women known for this type of cooking is Ruth Fertel, who began a chain of steak houses known as Ruth's Chris Steak House. The 20th restaurant of this name opened at 101 South 11th St. in downtown St. Louis, with Rey Arias as general manager and St. Louisan Frank Kane assistant manager.

She says the trick of offering a good meal for a special occasion is to give friends food they do not eat on a regular basis. "I think steak and potatoes have never gone out of style for Americans," she says. "It will always be the basic food. People do indulge themselves when they want to have a meal that they really can enjoy."

Anyone can start a party with a personalized invitation. For instance, when gift certificates are given for the restaurant, provide a cassette with the recipient. This approach also can work for home parties, with cassettes used to describe the specifics of an upcoming occasion.

Steak and potatoes are only a portion of Fertel's perfect patio meal. She would start with a New York beef strip steak, choose potatoes au gratin, prepare broccoli with Hollandaise sauce or broiled tomatoes for a vegetable, toss a variety of greens with vinaigrette salad

dressing, then lighten dessert with a simple caramel custard for herself and cheesecake, her restaurant's most popular dessert, for hearty eaters.

Eating on a picnic table often takes precedence over eating in a booth in warm weather and Fertel willingly shares some of her secrets which can be used in the backyard. First, she uses fresh beef in none-too-dainty quantities. The restaurant uses prime beef so it is juicy and flavorful because the marbling carries most of the flavor. At a supermarket a cook may find a choice grade of beef that is not corn-fed, so she suggests rib-eye as the favored cut.

Usually, I suggest the meat should be 1 1/2 inches thick," a trick that can be followed at home, she says.

"We also purchase it fresh and cut it ourselves. Many meats almost have to be frozen. Thawing out takes something away from it because it takes out some of the juices." Thus, a home barbecue can opt for a fresh cut at the butcher counter.

One part of the process only can be imitated.

"The secret of our steaks is using a very, very hot flame. Our broilers go to 1800°, which is very unusual."

Personally, she likes plain charcoal the best for barbecue, perhaps adding a little hickory and occasionally some mesquite. With the very hot fire at her restaurant, she salts and peppers the meat before cooking it, a practice which at lower home temperatures probably will release the flavor. So she suggests waiting to use only salt and pepper until after the meat is cooked.

"The salt melts and forms a little crust and then the juices

don't run out," she says. "Get the coals just white hot and then put it close to the heat to sear it on both sides, then raise it away from the coals to get it done the way you like it."

Fertel's rules for beef also apply to cooking lamb or veal. The meat should be 2 to 3 inches from the coals. For rare meat, allow two to three minutes on each side; medium-rare, three to five minutes per side; medium, five to six minutes each side; and medium-well or well-done, seven to eight minutes on each side.

She serves the steak on a heated plate with a bit of butter to make the juices form a gravy of sorts, rather than just-drying up when they hit the plate.

While steak and potatoes may be the by-word at her restaurant, her treatment of the peripherals is far from mundane. One of the house-specialty appetizers is huge mushroom caps which are filled with a spicy mixture. A bit of Cajun seasoning added to a favorite recipe would make guests queue up on the patio for them as well.

Her addition of potatoes au gratin carries with it a warning that cheese when melted loses its flavor, so a very sharp cheddar that has been aged at least a year makes the best companion for the slightly browned dish. Colorful tomatoes can be cooked in an oven broiler, while in the restaurant they are grilled under the hot fire with the meat. She adds a bit of sugar, then just broils them and adds a little butter to the top when they are finished.

A barbecue of such proportion will add up to an initiation to summer eating that will be hard to top.

## Shining servers show produce in best light

Highlight exotic vegetables and fruits by making individualized serving dishes.

First wash and dry produce and cut into bite-size pieces. Cut out cardboard or styrofoam in various shapes and cover with foil—shiny-side out.

Arrange produce in colorful patterns or shapes, garnishing

with parsley and curly endive. Try jicama, snow peas, water chestnuts, hearts of palm, artichokes, baby carrots, kiwifruit, mango, papaya, star fruit, dates or oranges.

To make servers tiered, glue descending sizes of the shapes together before covering with foil.

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**CRISP RED DELICIOUS APPLES** 3-lbs. **\$1.00**

**SEEDLESS WHITE GRAPES** 1 lb. **99¢**

## Fish and asparagus rolls for microwave

- 1 lb. fresh asparagus or 1 (10 oz.) pkg. frozen spears
- 1 cup chopped onion
- 2 cloves garlic, minced, or 1 tsp. garlic powder
- 2 medium tomatoes, peeled, cut up (1 cup)
- 1 cup celery
- 1 cup dry white wine
- 1 tsp. snipped fresh parsley or 1 tsp. dried parsley
- 1/2 tsp. pepper
- 1 cup sliced fresh mushrooms
- 4 sole, flounder or other white fish fillets, 1/2 inch thick (1 lb.), thawed if necessary

Fresh parsley, if desired

Cut fresh asparagus in 6-inch spears. Place spears in microwave-safe dish. Sprinkle with 2 tablespoons water. Cover with plastic wrap. Microwave on high 4 to 6 minutes, or until barely tender, rearranging spears after 2 minutes. Or cook frozen asparagus according to package directions. Place onion and garlic in 8-inch

square microwave-safe dish. Cover with plastic wrap and vent. Microwave on high 2 to 3 minutes until soft and opaque. Stir in tomatoes, celery, wine, parsley, basil and 1/2 teaspoon pepper. Cook, covered, on high 2 to 3 minutes. Stir in mushrooms.

Roll fish around asparagus spears. Secure with wooden toothpicks. Sprinkle fish with remaining pepper. Place rolls on top of tomato mixture. Cover and vent. Cook on high power 6 to 8 minutes, rotating dish half turn after 3 minutes, until fish flakes easily when tested with fork.

Transfer fish to serving platter. Cover to keep warm.

Return tomato mixture to oven. Microwave on high 3 to 4 minutes until sauce thickens slightly. Spoon sauce over fish to serve.

Garnish with fresh parsley, if desired.

Makes 4 servings; 165 calories, 113 gm. protein, 12 gm. fat, 75 mg. cholesterol, 43 gm. carbohydrate and 86 mg. sodium each.

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CLASSIC RICE SALAD sees generations of picnic people through trends of their decade.

## Rice goes on picnics in classic food style

Rice salad is the classic suit the rice wears. With its classic taste and simple components that are almost certainly on hand, it is always in fashion, whatever the trends of the times may be.

In the 1950s it might have been served at backyard cookouts. The '60s were gourmet days, so innovative cooks added frisée hearts and took Classic Rice Salad to elegant picnics. Those who were discovering convenience foods might have made it with precooked rice.

In the next decade Americans were big on natural foods and cooking from scratch, so the rice salad started at newly popular salad bars. Cooks also were discovering how convenient it is to achieve perfectly cooked rice in a microwave oven.

Grilling over mesquite, apple and other exotic woods is a hot trend of the '80s, and once again this type of salad is the perfect accompaniment to grilled fish, chicken or beef.

It suits busy lifestyles. It can be updated easily by using reduced-calorie mayonnaise, omitting salt and using Dijon, champagne-dill mustard or another flavored mustard.

A cholesterol-conscious person should note that even though the recipe calls for two eggs, it makes three servings. If necessary, one egg and two hard-cooked egg whites or egg substitute may be used instead.

For busy cooks, rice is the original time-saving convenience food. Depending on the type used, cooking time is only 5 to 30 minutes. Save even more time by cooking rice in double batches. Cover and refrigerate any unused rice for future use.

ads, stir-frys, casseroles and deserts. Cooked rice will keep one week in a refrigerator, making it a perfect on-hand ingredient for households whose numbers fluctuate at mealtime.

Rice requires about the same cooking time whether cooked in a microwave oven or conventionally, but the microwave oven uses only about one-fourth the energy. The kitchen stays cool and clean-up time is minimal because rice does not stick to the dish.

To reheat, add 2 tablespoons hot water or other liquid per cup of cooked rice and heat in a saucepan on range top 5 minutes. Stir occasionally and fluff with a fork. It also can be reheated in a microwave oven by covering and cooking 1 minute on high power for each cup.

### Classic rice salad

- 1 1/2 cups cooked rice, cooled
- 1/2 cup finely chopped onions
- 1/2 cup finely chopped sweet pickles
- 1/2 tsp. salt
- 1/2 cup mayonnaise
- 1/2 cup prepared mustard
- 2 tbs. pimentos, diced
- 2 hard cooked eggs, chopped

Blend together rice, onions, pickles, salt, pepper, mayonnaise, mustard, pimento and eggs. Chill.

Serve on lettuce leaves, if desired.

Makes 3 servings: 434 calories, 6.3 gm. protein, 53.1 gm. fat, 28.1 gm. carbohydrate, 775 mg. sodium and 204 mg. cholesterol each.

Note: Recipe may be doubled or tripled.

## Krautburgers with Swiss cheese enlivens lunch

Coarsely chop 1 1/2 pounds natural casing pork sausage. Mix with 1 cup sauerkraut, 1 cup soft bread crumbs, 1 egg and 2 teaspoons caraway seed. Shape in 6 patties. Fry until brown and thoroughly cooked, 8

to 10 minutes on each side. Cover each patty with Swiss cheese slice and melt. Toast and butter 6 slices. Place lettuce leaves and spiced apple rings on bottom halves. Top with patties. Close sandwich with bun

top. Serve with dill pickle spears, black olives and potato chips. Makes 6 lunches or light dinner meals.

## Add flavor of curry for smashing potatoes

Prepare instant mashed potatoes according to package directions for 4 servings. Before microwaving, stir in 1/2 teaspoon curry powder and 1 tablespoon dried chopped green onions.

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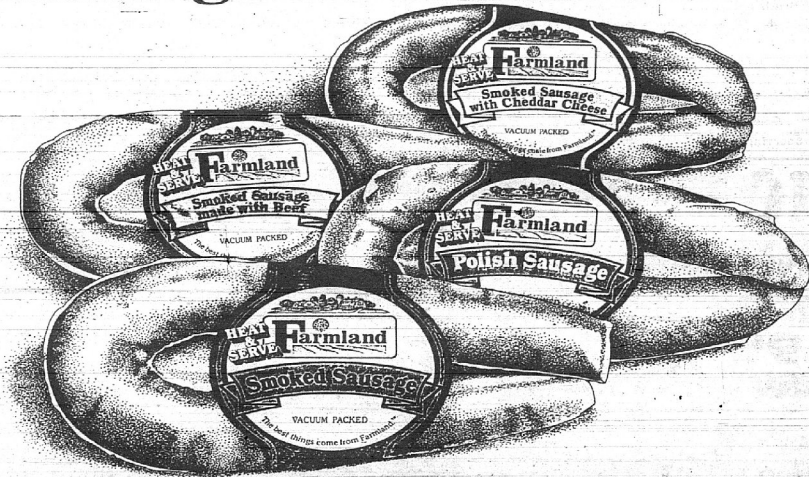
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### New baking projects require reading first to get ingredients, equipment

Before starting a new recipe, read thoroughly to make sure all ingredients and equipment needed are handy. Do any advance preparation required. Remember, baking is a science, and the best results come from following a recipe carefully.

Use shiny metal pans or those with a non-stick finish. When using glass baking equipment, lower the oven temperature by 25°.

Do not overcrowd the oven. When baking three cake layers, arrange them—so no pan is directly over another. Also, a cookie sheet should not be too large for the oven. Allow two inches on all sides to permit heat circulation.

Often, baked foods must cool a bit before being removed from pans. Do not be impatient. Follow directions so the food leaves the pan easily without sticking.

### Summer Session Schedules—Session I June 4-30, II August 1-27

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00-5:00 Pre-School Must Be 3 1/2	4:00-5:00 1 Class Per Week—\$20 per session 2 or More Classes Per Week—\$20 per session Choreography Workshops—\$5 extra	4:00-5:00 Pre-School Must Be 3 1/2	4:30-5:30 7 Year Olds	10-11 A.M. 6 & 6 Year Olds	
5:00-6:00 Pre-School Must Be 3 1/2	5:30-6:30 Pre-School Must Be 3 1/2	6:00-6:00 Beginning Choreography	5:30-6:30 8 & 9 Year Olds	11-12 Pre-School Must Be 3 1/2	
6:00-7:00 10 Year Olds	6:30-7:30 Reg. Int. Jazz	6:00-7:00 Pre-Teen Ballet	6:30-7:30 Int. Adv. Tap	12-1 P.M. Must Be Enrolled In Ballet	
7:00-7:30 Stretch	7:30-8:00 Stretch	7:00-7:30 Stretch	7:30-8:00 Stretch	1:00-1:30 Pas de deux Must Be Enrolled In Ballet	
7:30-8:30 Modern or Characters	8:00-9:15 Advanced Ballet	7:30-8:30 Advanced Jazz	8:00-9:15 Int. Adv. Ballet		
8:30-9:30 Advanced Choreography Workshop					

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# Chicken contest offers rich rewards

By Janice Denham  
Food editor

Daydream about a chicken worth \$10,000.

This is no idle dream. It must be used whole or in parts in a recipe, taste sensational, look terrific and be so simple to prepare that others will want to try it. It also must be entered in the 38th National Chicken Cooking Contest.

This year's contest runs until Oct. 15, with a finalist from each state receiving a free trip to Hershey, Pa., to compete in a national cook-off. Entering the contest is easy. Write name, address and telephone number on the front of a recipe and mail to: Chicken Contest, Box 28158 Central Station, Washington, D.C. 20065.

Any young woman or man going west this summer can count on the Gilroy Garlic Festival July 29 to 31. This contest in California attracts amateur cooks, all of whom are strongly attached to garlic, from all over the country. Deadline for entries is June 25. Recipes should be typed or printed on 8½-by-11 inch paper and sent to: Recipe Contest 1988, Gilroy Garlic Festival, P.O. Box 2311, Gilroy, Calif. 95020.

Each recipe must be original or an original variation of a classic. It also must contain at least three cloves of fresh garlic or its equivalent in processed garlic, although the winners usually use many more.

Entries judged for the cook-off will attend at their own expense. Those unable to come to Gilroy to compete are eligible to win one of four \$75 prizes. These entries should be marked "Regional Competition Only."

Those who dream of recipes that bear smaller price tags will be glad to know they can have all the following for free.

Many recipes help diners exercise their ability to eat healthy

foods. For instance, crunchy almonds, high in fiber, protein and calcium, are featured in a leaflet with the enclosure of a self-addressed, stamped, business-size envelope. Send it to: Heart Healthy Mini-Meals Leaflet, Almond Board of California, P.O. Box 15920, Sacramento, Calif. 95852.

Fruits and vegetables rate high on the list of nutritious eaters' favorite foods, with a wider variety continuing to catch the eye at markets. Kiwifruit is the topic of a free leaflet named "Mother Never Told Me About Kiwifruit." To receive it, send a self-addressed, stamped envelope to: California Kiwifruit Commission, 1540 River Park Drive, Suite 120, Sacramento, Calif. 95815.

It is no secret that canned peas are versatile from start to finish of any meal, then go on to become a snack. For recipes that use them, send a self-addressed, stamped, business-size envelope to: Pacific Coast Canned Pear Service Inc., P.O. Box 7111, San Francisco, Calif. 94120.

A 24-page recipe booklet is available for the asking from Idahoan. It suggests ways to use dried potato products in dishes that sometimes take much longer to prepare traditionally. Either call the toll-free number, 1-800-347-4577 or write to: Idahoan Potato Recipe Booklet, Idaho Fresh-Pak Inc., Number One Potato Place, Lewisville, Idaho 83431-0131.

Low-fat dairy products also are a favorite of those who wish to cut their fat intake. To receive a free copy of a recipe booklet that includes salad, dessert and entree ideas, send a self-addressed, stamped, business-size envelope to: "Low Fat, Low Calorie," Midland UDA, Department N, 101 NE Trilein, Ankeny, Iowa 50021.

Rice is served creatively in Italy, as well as Oriental coun-

tries. A free folder features 11 divergent variations of risottos and pilafs. To savor these ideas, send a stamped, self-addressed, business-size envelope to: Uncle Ben's Risottos and Pilafs, Department 2384, Lubbock, Texas 79919.

Leaflets from the Rice Council also promote healthful foods. One contains recipes for brown rice, including Fort Fried Rice and Country Breakfast Cereal. Another is Sport Sense, which contains information from sports nutritionist Nancy Clark and several new recipes. To receive either of them, send a self-addressed, stamped, business-size envelope to: Rice Council of America, P.O. Box 740121, Houston, Texas 77274.

Rib-sticking recipes, like Auntie Bee's Sugar Cookies and Swedish Meatballs, are offered in a free leaflet from the dairy industry. To receive "A Dairy About the REAL Foods of the Heartland," send a stamped, self-addressed, business-size envelope to: Heartland Recipes, Midland UDA, Department N, 101 NE Trilein, Ankeny, Iowa 50021.

Home cooking is the subject of a free leaflet from Campbell's. Its seven recipes use condensed soups to make old-fashioned foods taste even better. To order one, send a self-addressed, stamped envelope to: Good Enough Meat, P.O. Box 964, Bensalem, Pa. 19020.

For dining "inn" style at home, chefs at country inns have shared recipes that represent dishes for which they are famous, using a series of rice mixes by the same name. To receive a free 14-recipe set, send name and address to: Uncle Ben's Country Inn, "Past and Easy Recipes for Today," P.O. Box 11166, Chicago, Ill. 60611.

Temperance is a style in many places, so grape juice is making a splash. For a free copy of "Make a Splash with

New York Grape Juice," ask for it by name when writing to the New York Wine and Grape Foundation, Elm and Liberty Streets, Penn Yan, N.Y. 14827.

Menu ideas that use lean pork as part of a low-calorie plan are available with a self-addressed, stamped, business-size envelope. Send it to: "Pork Nouvelle," P.O. Box 10383, Des Moines, Iowa 50306.

To receive a copy of the winning recipes in a national egg-cooking contest, send a self-addressed, stamped, business-size envelope to: The Incredible Edible Egg No. 16, P.O. Box 755, Park Ridge, Ill. 60068-0755.

For kitchen-tested hints and recipes, send a self-addressed, stamped envelope to: Oster Department HH, 5055 North Lyndell Ave., Milwaukee, Wis. 53217.

Anyone looking for information about a convection-microwave oven can request a brochure by sending a self-addressed, stamped envelope to: Convection Microwave Brochure, Sharp Electronics Corp., Sharp Plaza, Mahwah, N.J. 07430.

Cooking sometimes is not easy for people with 20/20 vision, but those who necessarily work in the dark find a kitchen a real challenge. A couple of free offerings are made in large type and Braille. "Easy Ways to Delicious Meals" has been revised by Campbell Soup Co. To receive either style free, write to: Campbell Soup (Braille or Large Type) Cookbook, c/o Associated Services for the Blind, 918 Walnut St., Philadelphia, Pa. 19107, or call (215) 627-0600. "Light and Easy" is a leaflet with 12 recipes, many of which include directions for preparing them in a microwave. Specify Braille, large type or regular type (for regular type include a self-addressed, stamped envelope) when ordering from: Rice Council, Department LE, P.O. Box 740121, Houston, Texas 77274.

## Seafood holds texture best when thawed

Thaw frozen seafood before cooking, except for breaded and battered products and small pieces of fish.

Always thaw slowly in refrigerator. Thawing seafood at room temperature damages texture, flavor, appearance and may cause spoilage. To thaw correctly, place frozen seafood in single layer in shallow pan or on tray. Cover with plastic wrap and thaw, refrigerated, about 12 hours or overnight. Drain off

any accumulated liquid. Large pieces of fish or whole fish will take longer to thaw.

Seafood also may be thawed in a microwave oven according to manufacturer's directions.

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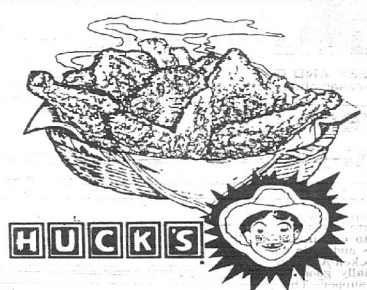
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When it sizzles with spicy southwestern flavor, soup is a sure-fire crowd pleaser. These soups are ready to serve in about 20 minutes.

Picante Cheese and Broccoli Soup is a savory meal-in-a-bowl. Crabby Corn Chowder uses economical imitation crab meat (surimi) for rich, luxurious taste appeal.

### Picante cheese and broccoli soup

- 1 medium onion, coarsely chopped
- 1 clove garlic, minced
- 1 tbs. butter or margarine
- 1 can (about 14 oz.) chicken broth
- 1 cup picante sauce
- 1/2 to 1 tsp. Dijon mustard
- 1/2 cup instant mashed potato flakes
- 1/2 cup broccoli flowerets or 1 (10 oz.) pkg. frozen broccoli spears, thawed, coarsely chopped
- 1 small red bell pepper, cut in 1/2 inch pieces (1 cup)
- 1/2 oz. process cheese spread, cubed
- 1 cup milk

Saute onion and garlic in butter in large saucepan until tender, but not brown. Add broth, picante sauce and mustard. Bring to boil. Reduce heat. Simmer, uncovered, 5 minutes.

Stir in potato flakes, broccoli and red pepper. Simmer 5 minutes or until vegetables are

crisp-tender. Add cheese and stir until melted. Add milk. Heat through but do not boil.

Ladle into soup bowls. Top with additional picante sauce.

Makes 4 to 6 servings, about 5 1/2 cups soup.

### Crabby corn chowder

- 1/2 cup finely chopped onion
- 1/2 cup diced green pepper
- 2 tbs. butter or margarine
- 3 tbs. flour
- 1 can (about 14 oz.) chicken broth
- 1/2 cup milk
- 1/2 cup picante sauce
- 1/2 oz. imitation crab meat, shredded, thawed if frozen
- 1 can (8 1/2 oz.) whole kernel corn or 1 cup frozen corn, thawed
- 1/2 cup cooked white rice
- 1/2 tsp. salt
- 1/2 Freshly ground black pepper

Cook onion and green pepper in butter in large saucepan over medium heat until tender. Blend in flour. Cook and stir 1 minute.

Add broth, milk and picante sauce. Cook until mixture thickens and comes to boil, stirring occasionally.

Reduce heat. Add crab meat, corn, rice and salt. Simmer 5 minutes.

Serve with additional picante sauce.

Makes 4 to 6 servings, about 6 cups soup.

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## Enjoy best of brunch offerings by selecting moderate feast

By Jacqueline Lanfker  
Registered dietitian  
American Heart Association

Sunday brunch, at home or at restaurants, is a variety of ration for many families. For some people brunch is a simple meal served buffet-style.

To most, it is a huge array of fatty, salty and sugary foods displayed attractively and colorfully to tempt the most careful eater.

If the amount of fat calories has been controlled in a diet throughout the week, it is easy to take a "devil-may-care" attitude when confronted with brunch.

On the other hand, overindulgence by a person who is overweight or has a high blood cholesterol level may defeat any progress achieved.

Is it possible to resist a temptation to overeat when the sight and aroma of all the delicious offerings comes into view? Or is it necessary to avoid the entire affair?

Take heart. People overeat at brunch for a variety of reasons — to reward themselves, to please a host or hostess or because the buttery aromas weaken them.

The key to survival of this weekly tradition is moderation in all areas.

Moderation is best accomplished through careful planning, whether dining in or eating out. Start by scanning the entire table, then determine a realistic

method of eating what is acceptable on the table. Concentrate on getting the maximum enjoyment for the fewest calories. Consider these strategies:

• Do not take the phrase "all you can eat" as a challenge to get the most for the money. Eat slowly and enjoy every morsel.

• Plan a leisurely walk after the meal to burn off some of the extra calories.

A full stomach often prompts the desire for a nap or other sedentary activity.

• Most brunches include fruit and vegetable offerings. Fruit salad, relish platters and steamed vegetables are good choices for larger portions or second helpings.

• Select toasted bagels and English muffins over high-fat pastries and croissants. Go lightly on cream cheese or whipped margarine.

• Cut back on the meal's sugar content by topping pancakes or waffles with fruit salad or a small amount of fruit sauce. Skip dessert or enjoy a half-portion.

• High-fat, high-cholesterol offerings are frequently difficult to resist. Practice the best "one-out-of-three" approach. Rather than selecting a cheese omelet, sausage links and fried chicken, choose only one. Occasional indulgences can be balanced easily whereas excessive intakes cannot.

The following recipe deserves

the raves all pancakes should receive for taste and nutrition.

### Wheat germ pancakes

1 cup flour  
2 1/2 tsp. baking powder  
1 tsp. sugar  
1/2 cup wheat germ, toasted with honey  
1 1/2 cups skim milk  
2 tbsp. oil  
1/2 cup low-fat cottage cheese

Sift together flour, baking powder and sugar. Add wheat germ. Combine milk and oil. Stir into dry ingredients just until moistened.

Stir in cottage cheese only until mixture is slightly lumpy. If smooth batter is desired, whip cottage cheese with liquid ingredients in blender.

Drop batter by spoonfuls on hot, greased pan or griddle. Cook until bubbles appear on upper surface, then turn over and brown on other side. Turn only once. Continue until all batter is used.

Serve with maple syrup. Yields ten (4-inch) pancakes. Each provides about 115 calories, 3.7 gm. fat, 134 mg. sodium and 1.5 mg. cholesterol.

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### If you see news...

If you see news, call the Press-Record Journal at 877-7700 and ask for the editor, Jack C. Ventimiglia.

### Colander, bowl work as steamer

Holiness is blessed in a microwave oven because a colander or strainer is a valuable asset.

A large microwave-safe bowl and a hard plastic colander is the perfect design for steaming vegetables and clams or broiling ground meats that are light on grease. Even a wire mesh strainer with a plastic rim and handle will work if the metal is kept away from the sides and tops of a microwave oven.

To produce grease-free ground beef or sausage, place the crumbled meat in the upper basket or colander-like container. Insert colander into larger bowl, cover and microwave, stirring once during the cooking. It takes about 4 minutes to brown 1 pound of ground beef. The result is the grease that has drained through the holes in the colander has flowed into the lower bowl. Not only is this feat worthy of applause, but it also is healthy.

To steam vegetables, clams or shrimp, place them in the colander. Cover the top of the food with plastic wrap and place the colander inside a bowl containing a small amount of water or other liquid (about 3/4 cup). Microwave on high power until desired doneness is reached.

This sometimes results in uneven cooking because direct microwaves penetrate the outer edge of the food first. Another technique which takes about the same amount of time can give surprising results that may be preferable.

This time place the food in a plastic colander and cover just the top of the food with aluminum foil, leaving enough foil at edge to tuck in along the sides of the food inside the plastic colander. Place the colander inside a bowl with about 3/4 cup water or other liquid. Cover with lid or plastic wrap. Microwave on high power as usual. The extra foil wrapping allows the center of the food to cook by steam for more thorough cooking.

### Sausage-stuffed mushrooms

1 lb. large fresh mushrooms  
1 lb. Italian sausage  
1 pkg. (8 oz.) cream cheese

Remove stems of mushrooms. Set aside caps.

Crumble sausage in microwave-safe colander or strainer that has been placed in a microwave-safe bowl. Microwave, covered with waxed paper to prevent spattering, on high power 4 minutes, until thoroughly cooked, stirring once. Remove grease that has dripped into bowl.

In microwave-safe bowl, soften cream cheese 2 minutes at 50 percent power. Stir in cooked sausage.

Fill each mushroom cap tightly with sausage mixture. Arrange on circular roasting rack or absorbent paper on plate. Cover with waxed paper. Microwave at 70 percent power 5 minutes or until hot.

Yields 25 to 30 mushrooms.

### Cooking savvy makes cheese taste just right

Low heat and short cooking times are the watch words when cooking with cheeses. Heat cheese just enough to melt it. Prolonged cooking and high heat can make cheeses tough and stringy.

### Italian baked frittata

1 cup broccoli flowerets  
1/2 cup sliced mushrooms  
2 scallions, sliced in 1 inch pieces  
1 tbsp. margarine  
8 eggs  
1/2 cup Dijon mustard  
1/2 cup water  
1 tsp. Italian seasoning  
1 cup shredded Swiss cheese

In 10-inch ovenproof skillet over medium-high heat, cook broccoli, mushrooms and scallions in margarine 5 minutes or until tender-crisp. Remove from heat. In small bowl, using electric mixer beat eggs, mustard, water and Italian seasoning until foamy. Stir in cheese.

Four mixture into skillet with vegetables. Bake at 375° for 20 to 25 minutes or until set.

Serve immediately.  
Makes 4 servings.



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# Spring Car Care

May 25, 1988—GRANITE CITY JOURNAL

## Potholes hold potential problems

The rising and falling temperatures of spring cause road surfaces to lift and crumble, resulting in potholes that can knock the air out of your tires, and affect wheel balance and front-end alignment, the Automotive Information Council (AIC) said.

The nation's aging road system, with less than 40 percent of paved roads and streets rated "good," adds to the pothole problems and underscores the need for motorists to pay increased attention to automotive handling problems resulting from driving on poor roads.

According to The Road Information Program (TRIP), tests have shown that motorists use more fuel when driving on poor road pavement, due to a loss of

traction and inefficient transfer of power from the drivetrain. The same tests show vehicles also have a higher incidence of tire wear and require automotive repairs more often.

The first indication of a problem caused by potholes will be apparent when the car handles differently, tending to drift to one side when driven down a straight level highway. Fortunately, most handling difficulties can be repaired easily and inexpensively. Suspensions on today's automobiles are designed to withstand the impact caused by most potholes.

The most common reason for abnormal handling is underinflated tires. Bringing tire pressure up to the correct level

often solves the problem.

Out-of-balance wheels are another reason for poor handling. Wheel weights can be broken off if a pothole is hit hard enough; the lost weight will leave a mark where it was attached. Bent wheels can also cause a vibration in the front end of the car.

If the tire pressure and wheels check out OK, have the front-end alignment inspected. Misalignment of the front end can cause tires to wear out very quickly. Visible evidence of misalignment is excessive tire wear on only one side of the tire. Front-end alignments are inexpensive when compared to the price of new tires, the council said.

## Gas cap subject to deterioration

Not many motorists can remember the last time they took a good look at their gas tank cap.

But that little metal or plastic top that self-service patrons handle about once a week is a very important item, says Saab-Scania of America, importer of Swedish-built Saabs.

There are two problems a bad gas cap can cause a motorist, Saab said.

First, a bad cap allows moisture into the fuel system, which

could add water to your gas tank.

Second, a bad cap allows gasoline to evaporate. This costs the motorist money; and worse, the evaporating hydrocarbons, the chemical term for gasoline, pollute the atmosphere.

To check the condition of your tank's cap, simply look at the O-ring, that little rubber seal inside the cap. Tiny cracks in the rubber are normal but if the ring is split or shows some other type of deterioration, the cap

needs to be replaced.

Replacement caps are generally available from a manufacturer's authorized dealer. Quite often, these caps also have a lock that not only will prevent someone from siphoning your gas but may prevent vandals from disabling your car by pouring sand or some other material into your gas tank.

Saabs, as well as many other cars today, are equipped with a ratchet-type cap.

## Conservation Summits offer different vacations

By Deborah Reinhardt  
Staff affiliate

"Anyone who has at the last minute loaded the kids, the dog and suitcases into the station wagon looking for vacation adventures, and who found only a string of neon 'No Vacancy' signs outside motels and overpriced theme parks, here is a fresh idea.

"Plan a family vacation that includes lodging and meals and combines fun with learning.

"The National Wildlife Federation in Washington, D.C., offers annual Conservation Summits, vacations that allow families to search for fossils, hike a wooded path, or scan the horizon for humpback whales.

Steve Law, NWF summit coordinator, said the one-week vacations include lectures and field trips, room and board. This year, summits will be in Bellingham, Wash.; Brunswick, Maine; and the Rocky Mountains of Colorado. Educational programs are geared for pre-schoolers, children between 5 and 12 years, teens and adults. And participants can plan their own schedules, something different from most organized tours.

Law said that NWF members (annual dues for a family are \$15) receive information on summits about two months before the trips are scheduled.

Families enroll in the programs they are interested in and send a deposit.

"They (families) can be as busy as they want," Law said.

Summit programs are led by experts in the conservation field, like naturalists, college professors and park rangers. Several lectures and field trips are offered daily and the programs allow enough flexibility so that participants can add or drop classes while at the summit site.

And if you are worried that physical demands of such a vacation are too strenuous, fear not. Law said programs are aimed toward general abilities because of the wide range of ages in groups.

Instructors know they will deal with 20-year-olds and 70-year-olds in the same group," Law said, adding it is rare to get high adventure—the almost death-defying activities—in a NWF summit.

"So we don't have 70-year-olds trying to rappel down a mountain's side," Law said.

About 600 people participate in each NWF summit, including vacationers and staffers, Law said. Scheduling is on a first-come, first-served basis. The trips to Maine and Washington are sold out, but there are about 100 spaces left for the Colorado Rockies adventure, July 3 through 9.

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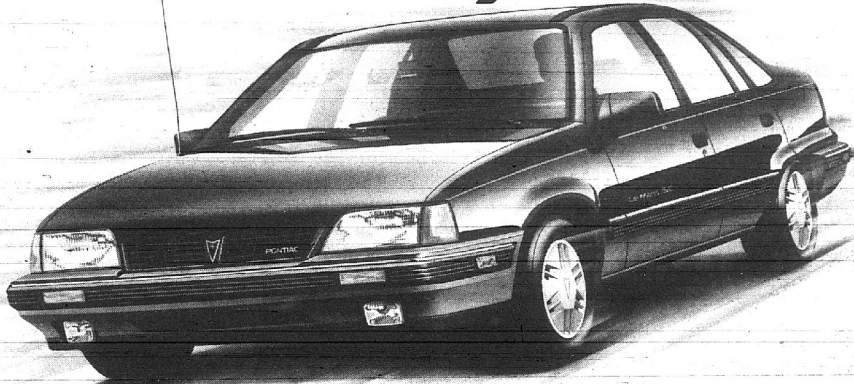
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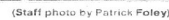
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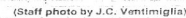
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His band is scheduled to perform July 27 in Paducah, Ky. for the Summerfest celebration set for the riverfront area along the Ohio River.



**SHOWING HIS SUPPORT:** Third Ward Alderman Paul Fisk, at left, holds a sign reading "Be Fair" while city white-collar workers picket in front of City Hall on Tuesday night. A special budget meeting was scheduled before the regular City Council meeting, but some aldermen honored the picket lines and a quorum failed to attend the special meeting. Fisk later attended the council meeting. Salary negotiations are continuing.



**COVER UP:** Weeds and debris that continued to smolder Friday after a fire Monday at Hogpen — a place characterized as a "no man's land" adjacent to Eagle Park and Madison — is covered with several truckloads of sand ordered to the site by the Madison County Board. Helping to even out the mounds of sand is Jasper Clincy Jr., Madison.

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# Stacey's pair sends Warriors to final

By Dave Whaley  
Executive sports editor

COLLINSVILLE — It was only a matter of time for the Peoria Spalding Irish girls soccer team on Saturday. And Cheryl Stacey controlled the stopwatch.

It was apparent early in Saturday's Collinsville Sectional semifinal game at the Football Bowl that the Irish wouldn't be able to mount much offense against the Warriors. Spalding (5-3) was doing all it could to keep the Warriors (13-3-2) off the board.

But Stacey, a junior, kept firing away and finally scored with 32 seconds left in the first quarter and the Warriors went on to a 4-0 victory. They were to meet Collinsville, a 3-2 winner over O'Fallon, in Tuesday's sectional final.

"Cheryl had plenty of shots in the first quarter," said Warrior

coach Gene Baker. "And it was a nice one that went in."

Stacey took a short pass from Jennifer Debevoise to the right of Irish keeper Sage Boos and blasted one high into the net for her second goal of the season. At that point, Granite City had outshot Spalding 10-0 and it was obvious most of the game would be played in the Spalding end of the field.

"I was happy with how we played defensively in the first quarter," said Irish coach Dave Schuler. "But things fell apart when they scored. The play really opened up and we lost our intensity."

"They did a good job bunching up on us in the first quarter," Baker said. "They used the small field to their advantage then. And their keeper did an excellent job. But it opened up after we scored."

The Warriors got a break early in the second quarter when

freshman Jennifer Harper scored after a whistle. Ann Szczepanik had the ball to the left of Boos when a whistle blew as the ball was centered to Harper. As the Spalding players let up, Harper scored her fourth goal of the season.

The avalanche was now swelling up the Irish. Ann Krystopa followed with a beautiful goal at 32:05. She took a pass from Harper on the left side and one-timed a left-footer from 20 yards out over Boos' head and just under the bar for her third goal of the year and second of the post-season.

Krystopa then set up Stacey for her second goal of the game on a free kick at 37:18. Stacey's hard shot from the right side went into the short side off of Boos' hands.

Baker got to rest many of his regulars in the second half as the Warriors outshot the Irish 28-2. They had eight corner kicks

and one for Spalding.

"It was nice to get some of the girls a rest on a hot day like this," Baker said. "We got some good efforts in the second half from people like (freshman) Tia Rees, Harper and (junior) Lisa Kuit."

Addie Lenzi played the first half in goal and Kelly Kessler played the second half.

"Kelly got herself in some tough spots, but she saved the shutout," Baker said. "It's hard to say where we are on some things, but at this time of year I don't know if it makes much difference."

And so it came down to a final battle with Collinsville on Tuesday. Not much separated the two teams during the regular season. The Warriors won 1-0 because of a close indirect free kick and the teams had a scoreless tie later.



(Staff photo by Carl Jacobs)  
Sheila Marshall handles the baton during the Trojanettes' state-winning 800 relay run.

## Trojanettes take state in 800; seventh overall

By Carl Jacobs  
Staff writer

CHARLESTON — The Madison Trojanettes accomplished the goals they set out to attain at the Class A state track meet in Charleston last weekend. And for that, coach Gene Briggs is more than satisfied.

On the strength of a first place in the 800 relay, a second in the 400, an eighth in the 800 meter medley and a sixth from Vivian Turner in the 100 meter dash, the Trojanettes scored 22 points and claimed seventh place in the meet.

"We ran our times in every event and we broke a school record in the 400 and finished

second, so you have to give credit to Rock Island (Alleman), Briggs said.

In the 400, Sheila Marshall, Vivian Turner, LaGloria Marshall and Katrina Garrett ran the distance in a time of 48:57 seconds, but Rock Island Alleman set a Class A record with a time of 49:03.

The Trojanettes made sure no one beat them in the 800 meter relay, their last event of the day. Sheila Marshall's solid first leg and Turner's second leg gave Madison a lead it would not give up. LaGloria Marshall and Garrett then wrapped up the win as the Trojanettes won the event in

(See STATE, Page 3D)

## Johannpeter, Trtanj to state tournament with 2nd in sectional

By Don Daniels  
Correspondent

GRANITE CITY — Allen Lobdell came away partially satisfied after Saturday's tennis sectional.

The Warriors qualified their No. 1 doubles team of Jim Johannpeter and Derek Trtanj for the state tournament to be held this weekend. But the Warriors missed qualifying the entire team by just four points.

Alton Marquette netted the most points on Saturday with 18 and the Explorers will send their entire team to Arlington Heights to battle the top teams in the state. Alton finished just a point behind Marquette with 17 points.

Granite City pulled into on the strength of Johannpeter and Trtanj in doubles.

"Our goal was to have Jim and Derek do just what they did," said Lobdell. "We started the season feeling that way and we still believed they could do it as the season progressed. Actually, our goal was to qualify the entire team, but we had to settle for Jim and Derek's success. I'm real happy for them. They played real well, except they didn't play their best in the finals."

Johannpeter and Trtanj defeated Jerseyville's doubles team of Jim Humphrey and Bob Manns in the semifinals. They then faced Marquette's doubles team of Dave Joeli and Dave Walters. A Warrior win would have left Marquette and Granite City even at 16 points.

Johannpeter and Trtanj started out slow in the first set, but they caught fire in the second set before faltering again in the third for a 2-6, 6-1, 1-6 defeat. The top two doubles teams qualified for state sectional play, so Trtanj and Johannpeter were already slated ahead the train to state.

Trtanj had qualified for state once before as a sophomore at Metro East Lutheran, when Lobdell was the tennis coach there. Lobdell has seen Trtanj's development between his two trips to state.

"Derek is a much tougher player than he was two years ago," Lobdell said. "He's older and stronger. He's also a much tougher volleyer. Derek and Jim compliment each other very well. Jim has a lot of different shots and he does a lot of different things with the ball. Derek is real consistent with his returns. This is Derek's first year at Granite City. We're glad he moved over here."

Johannpeter will be making his first trip to state. Johannpeter and Trtanj will now square off against the top teams in state. The odds will be tougher from here on out.

"Now we'll go to state," Lobdell said. "We'll have to see how we'll do against the teams from Chicago. It's usually David and Goliath situation and we play the part of the underdog."

The Granite City doubles team of juniors Rich Harmon and Steve Williams, won its first-round match and picked up four of the Warriors' points. Matt Kreckovich, playing singles, also won in the first round to collect the remaining two Granite City points.

Craig Sun of Alton beat Jerseyville's Brad Mossman in No. 1 singles. Alton's Brad Phillips beat Marquette's Steve Moehn in the No. 2 singles finals. Those four will go to state as individuals.

In No. 2 doubles, Humphrey and Manns of Jerseyville beat Civic Memorial's Jeff Stallings and Steve Mann in the finals. Those two doubles teams will also go to state.

## Matlock's slam can't prevent sweep

CARBONDALE — Keith Matlock just must not be cut out to be a hero.

Although he delivered one of the year's most dramatic hits, the Warriors still went down to defeat in the final regular-season game on Saturday. Carbondale swept a double-header from the Warriors, 3-1 and 6-5. Granite City fell below the .500 mark (17-18) entering post-season play tomorrow.

The Warriors trailed 5-1 going into the seventh inning of the nightcap. John Van Buskirk walked with one out, then Chad Lignoul and Chris Ryan got two-out singles to load the bases. Matlock then drilled his first varsity homer, a grand slam that tied the game and meant extra innings.

"Some people might think that came from an unexpected source," said Warrior coach Bob Stegemeier. "But Keith came up

and got a hit off (East St. Louis' Terry) Westerfield last week and he's been swinging the bat very well. He's earned a spot in the lineup, whether it's as a designated hitter or somewhere in the outfield."

"I thought things might be going our way after that hit," the Warriors coach said. "The Warriors had chances in the eighth and ninth to win. But three Carbondale singles in the bottom of the ninth off reliever Mike Krausz (3-4) meant a 6-5 loss."

John Moad started the game and allowed four runs in three innings. Chris Bartling allowed a fifth run before Joe Wallace came on for three innings of shutout pitching. The Warriors scored their first run in the first on Ryan's fielder's choice.

For the first time in a while, the Warriors made no errors in the game, but they were outthit by the Terriers 12-9.



(Staff photo by Carl Jacobs)

## Jumping in

JESSIE LEONARD gets set to take off for his winning long jump at the Red Bud Sectional on Friday. Leonard and Ian Smith (100, 200 and 400 meters) and three Trojan relay teams will compete in this weekend's Illinois Boys Class A Track Meet in Charleston. Vince Darnell won the high jump competition at the Belleville Sectional and will be the only Granite City athlete at the Class AA state meet.

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## Wilson named all-conference

Rich Wilson received all-Midwest Conference recognition in his freshman year as a member of the Illinois College baseball team.

Wilson batted .388 as a designated hitter for the Blueboys, who finished with a 9-14 record. Wilson also had six doubles and scored nine runs with a .510 slugging percentage. He received the Most Valuable Newcomer award at Illinois College's baseball dinner.

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### Grappiethon

BETTY LYONS, left, of Granite City and Pat Gum (right) of Troy finished fifth out of more than 200 entries in the Johnson Reals Grappiethon held at Carlyle Lake recently. Lyons and Gum were the only team entered consisting of two women. They reeled in 13.67 pounds of fish during the event.

## Referees cried foul on Bob Ward in 1947

Robert C. Ward, an outstanding athlete at Granite City High School in the 1940s and a recent inductee into the Granite City Sports Hall of Fame, had a real knack for making things happen on the playing field.

He was a letterwinner in three sports—three in football, three in track and three in baseball. Ward was a leader and got himself elected student body president as a senior.

I met him almost immediately after I went to work for the St. Louis *Star-Times* in the fall of 1945. That football season was when I introduced the paper's circulation-building promotion.

That was the "Prep of the Week" contest in which readers were asked to cut out a ballot, vote for their favorite high school player and mail it in.

Ward was one of the first winners. His sister later married Frank Kraus, one of his teammates on the football team.

Ward and Kraus were both all-conference selections. As good as Ward was in football and track, he got as much attention for an exploit of his on the basketball court. He didn't even go out for basketball until his senior year.

He got his big chance that year in the final game against Pick Dehner's East St. Louis



team at the Ainal Temple gym in East St. Louis when coach Glen Rice gave Ward a start—a reward for all his hard work.

Almost from the start, the colorful Dehner began yelling at Rice to "get that Ward off the floor before he kills one or more of my players."

Dehner's concern was understandable. Ward was a rough and tough football player who believed in running over an opponent. He played basketball the same way.

Dehner didn't have to worry. Ward fouled out after only 1:20 of play. I had written in my profile of Ward for the Hall of Fame program that he had fouled out in a minute. But further research showed he actually lasted 80 seconds.

But that speedy demise was so fast that all three national wire services picked up on it.

## Warning issued on contaminated fish

Dr. Bernard J. Turnock, director of the Illinois Department of Public Health, has issued an advisory warning consumers not to eat chlordane-contaminated catfish, carp, shovelnose sturgeon or sturgeon eggs taken from certain stretches of the Mississippi River.

The health advisory expands and revises warnings issued in 1986 and 1987 for some species of Mississippi River fish. The advisories rank fish in groups according to the level of contamination.

Group I fish have the lowest level of contamination and represent the least risk of exposure to chlordane if eaten. Fish in Group II contain moderate levels of contamination and should not be eaten by those who are pregnant, nursing mothers or young children. Others should limit their consumption to one meal per week. Group III fish have high levels of contamination and should not be eaten by anyone.

Added to a 1987 advisory are carp and channel catfish taken from the following five stretches of the river:

- 1) The 19-mile stretch between the confluence of the Des Moines River, downstream to Lock and Dam 20, at Canton, Mo. (Group II).
- 2) The 31 miles between Lock and Dam 24, at Clarksville, Mo., and Lock and Dam 25, at Winfield, Mo. (Channel catfish only, Group II).
- 3) The 15-mile stretch from the confluence of the Illinois River to Alton, Ill. (Group II).
- 4) The 58 miles from the Jefferson Barracks Bridge to Fort Chatham, Ill. (Group III).
- 5) From Fort Chatham to Cairo, Ill. (Group II).

The 1987 advisory contained no warning about fish taken from the river north of St. Louis and

classified all catfish and carp between St. Louis and Cairo in Group II.

Dr. Turnock said the 1986 advisory cautioning against eating shovelnose sturgeon and sturgeon eggs taken from the Mississippi between Lock and Dam 22 and Cairo remains in effect. The sturgeon are in Group III.

Dr. Turnock said fish from Groups I and II should be prepared and cooked in ways that reduce the amount of contaminants in the edible portions. "Remove all skin and fat from the belly, lateral line and dorsal area. Bake, broil or barbecue the fish so the fatty oil can drip away and be discarded," Dr. Turnock said.

The latest advisory includes a "clean bill of health" for all fish, except sturgeon, taken from these stretches of the Mississippi:

- 1) The 70 miles between Lock and Dam 20, at Canton, Mo., and Lock and Dam 24, at Clarksville, Mo.
- 2) The 24 miles between Lock and Dam 25, at Winfield, Mo., and the confluence of the Illinois River.
- 3) The 35-mile stretch between Alton, Ill., and the Jefferson Barracks Bridge.

Dr. Turnock said the advisory was issued following a year of comprehensive testing of fish by both the Illinois and Missouri Departments of Conservation. The tests revealed levels of chlordane in carp, catfish and sturgeon ranging from 570 parts per billion to 2960 ppb. The federal Food and Drug Administration's "action level" for chlordane in fish is 300 ppb.

Although widely used in the past as an insecticide for homes and gardens, chlordane was banned more than ten years ago for all uses other than termite control.

"Chlordane is a suspected carcinogen, and may damage the liver, the immune system or the nervous system," Dr. Turnock said.

While there is no immediate health risk from eating chlordane-contaminated fish, health officials are concerned about the effects of long-term low level exposure.

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## PSG has regional festival June 3-5

The Prairie State Games Regional Sports Festival will be held June 3-5 at the Ball Park Sports Center in O'Fallon.

The competition is open to all junior high school aged boys and girls. Sports included are girls volleyball, boys indoor soccer, girls and boys basketball, girls and boys freestyle wrestling, and girls and boys three-point contest.

The entry fee is \$5 per player, which includes a Prairie State Games T-shirt for team competition. Entry fee is \$1 per player for the freestyle wrestling and the three-point contest. First-

place medals will be awarded to all winners.

Team entry deadline is June 1. All competition will take place at the Ball Park Sports Center, located at 590 Hartman Lane in O'Fallon just south of the intersection of Interstate 65 and Illinois 50.

For more information, call 632-5500.

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## Several top Cardinal prospects struggling

By Rob Rains

Staff affiliate

In spring training, Cardinal manager Whitey Herzog said Mike Fitzgerald was "the best hitting prospect I've seen since I've been here."

Herzog boldly predicted Fitzgerald would hit 30 or more home runs for the Triple A Louisville Redbirds. He also had good things to say about some of the other young prospects in the Cardinals' camp.

But somewhere between Florida and Louisville or Little Rock, those predictions and expectations took a wrong turn.

Six weeks into the season, Fitzgerald had two homers in 142 at-bats and was hitting .197. Cardinal director of player development Lee Thomas just got back from watching Louisville for five games and he admits Fitzgerald's performance has been frustrating.

"He's still not hitting," Thomas said. "Maybe he's over-matched, but I hope not. I really don't know what's wrong."

Fitzgerald was hit by a pitch on his hand early in the season, but Thomas doesn't think that is the reason for his season-long slump.

Fitzgerald isn't the only prospect off to a disappointing start. Catcher Todd Zelle, considered the best prospect in the Cardinal farm system, was hitting under .200 for the Double A Arkansas Travelers until last week.

"He's starting to hit now," said Thomas, who watched the Travelers play for three days. "He hit two homers while I was there and I feel good about him. He's starting to throw good and hit good and hopefully he's over the hump."

The same can't be said for outfielder Alex Cole, pitchers Mike Perez and Scott Arnold and outfielder Lonnie MacIn. Cole was hitting .179 at Louisville and may be headed for a demotion. Perez, who saved 41 games at Springfield last year, has one this season— at St. Petersburg, after he started the year 1-3 with an 11.03 earned run average at Arkansas.

Perez reportedly has been troubled since he was hit and knocked off by a line drive early this year, making him scared to throw the ball.

Arnold has gone from St. Louis to Louisville to Arkansas, where he has no record in two games. MacIn was hitting .179 at St. Petersburg with one homer and seven RBIs.

About the only top prospect having a decent season is Springfield's Ray Lankford, but Thomas was hoping his numbers (.297, three homers, 19 RBIs through last week) would be better.

Cardinals reliever Todd Worrell is on a record-setting pace. Going into this week, Worrell had saved 12 of the team's 21 victories and had won two other games. He appeared in 22 of the team's 41 games and was in a pace for a record 47 saves and 87 appearances. The Cardinals have signed former Cincinnati third baseman Wayne Krenchick to a Louisville contract.

And then there was one. Catcher Jody Davis is the only Cub left who was with the team when the Wrigley era ended in 1983, and rumors persist that he will be the next player to follow Leon Durham out of town.

His latest rumor has Davis being sent to the Twins for right-hander Bert Blyleven and an exchange of million-dollar salaries, but the Astros and Expos also are reportedly still interested in Davis.

Some other trade rumors making the rounds this week: Baltimore's Cal Ripken going to either the Blue Jays, Yankees, Red Sox, Astros or Phillies; Toronto's John Cerutti to the Mets for Tim Lincecum; and San Diego's Eric Show, Ed Whitson or Andy Hawkins going to Milwaukee. Rick Horton was the opening-day starter for the White Sox, but has been moved to the bullpen after losing his last three starts, giving up 14 runs in nine innings. Milwaukee's Robin Yount turned 32 last year, and at the time had 2,217 career hits — 65 more than Pete Rose had at the same point in his career. But to catch Rose, Yount would have to average 158 hits a year for the next 12 years, a prospect Yount found laughable. "I'll be a fossil by then," he said. The Braves got burned by Damaso Garcia, who was released last week. Atlanta signed Garcia to a two-year, \$1.6 million contract in 1987, and then saw Garcia sit out last year with a knee injury and get only 21 hits this year. He was hitting .117 with one homer and four RBIs when he was released, at a cost of \$76,100 a per-at-bat.

St. Cardinal of the Week: Keith Hernandez. The Mets' first baseman hit .317 (10-for-31) with five RBIs, including his fifth homer.

## State

(Continued from Page 1D)

a time of 1:44.63, nearly two seconds ahead of their closest competition.

In the 800 meter medley, the Madison team of Sheila Marshall, Sharon Browley, LaGloria Marshall and Melissa Davenport ran into a tough field and could only grab an eighth-place finish. The Trojanettes ran the distance in a time of 1:52.77.

"With the level of competition you have up here you can't expect to win all events," Briggs said. "We came up here Friday wanting to place in every event and we did. We ran the best we

could and we are proud to be here."

In addition to the three relay teams, Turner took a sixth in the 100 meter dash with a time of 12.87.

"Our goal was to get on the state track and run the best we could and we did that," Briggs said.

Briggs said he was happy that despite an eighth and second place earlier in the day — his team kept a positive attitude and took a first in the 800.

"When you run a race and

don't win, it's easy to get down," Briggs said. "When you do the

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best you can and don't win all you can do is do better the next time. You can't get down on yourselves."

Maple Park Kaneland won the Class A meet with 41 points. Others finishing ahead of Madison were Chicago Luther South (36), Carlville (28), Stanford Olympia (28), Georgetown-Ridge Farm (25) and Toulon (24).

To the surprise of no one, East St. Louis Lincoln won the Class AA meet with 121 points. Harvey Thornton was second with 41. Junior Carmelita Williams

repeated her sophomore feats by winning the 100, 200 and 400 meters. She set a Class AA and IHSa record with a time of 53.25 seconds in the 400. The Tigerettes, winners of seven straight Class AA titles and nine of the last 10, also got championships in the 400, 800 and 800 medley relay events.

Granite City's Wendy Knollman failed to reach Saturday's finals in either event in which she qualified. Knollman competed in the 400 meters and the long jump.

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## Home & garden

4D

GRANITE CITY JOURNAL—May 25, 1988

### Eclectic room brings order

By Both Hoover Baile  
American Society  
of Interior Designers

An eclectic mix of furnishings is easy to achieve. Even without trying, a person can acquire over the years a broad range of furniture styles and accessories. Inherited family treasures, items of nostalgia, unique pieces valued by a collector, traveler's finds, garage sale bargains, not to mention all the items purchased new. And many people deliberately choose furniture of different styles in order to express their individuality and because they appreciate a variety of objects.

The answer is organization with an objective view. The goal should be a harmonious combination with comfort the underlying requirement. Consideration of the elements and principles of design is involved, and using one's eyes is the key.

First look at the scale, that is, the relative visual sizes of the pieces. It will be obvious that the lightest and most delicate items alongside the heavy, sturdy ones will not usually produce a harmonious result. Separate these pieces. They may not belong in the same room.

Second, determine how the various pieces are related. Look

at the lines. Are pieces straight or made up of curved lines, simple or too elaborate in form, casual or formal? Is ornamentation straight, curved, heavy, vigorous, delicate or absent? Are materials wood, metal, cane, glass or rattan? Are pieces related by historical periods or influences? Some theme of relatedness should tie together most of the pieces. Others may be retained because their difference adds variety and interest.

Next, decide which pieces are dominant. Some may dominate by size alone, such as a piano, breakfront, highboy or large desk. Others may dominate by strong color, heavy carving or unusual ornamentation. Too many dominant items compete for attention and create confusion.

Determine how many dominant pieces the area can handle and their relative placement in the room. Keep visual balance in mind. Do not place several dominant pieces at one end of a room, and remember that an architectural feature, such as a fireplace, is also dominant. This is a good time to be working with a scaled drawing of the room and scaled paper cutouts of the furniture, rather than pushing actual dominant pieces

around a room.

Creating dominance is at times necessary or desirable. A single major item that is different in size, color, formality or ornamentation can become dominant and be shown to advantage through deliberate contrast with other furnishings.

It may be necessary to make some changes or additions to gain a unified effect in the face of too much diversity. Color is an excellent way to create unity. Establishing a color scheme is vital, and widespread use of a single color or fabric for furniture and draperies can establish unity where it was lacking. Changing some upholstery fabrics can unify pieces for updated looks, degree of formality, color scheme and comfort.

In some rooms, furniture may be secondary to accessories, art or special collections such as quilts or figurines. In these rooms, the collection is dominant, and the furniture should be more unified by style and color to avoid competition.

Beth Hoover Baile is an interior designer based in Chesterfield. She is a professional member of the Missouri-East Chapter of the American Society of Interior Designers, which submitted this article.



### Cabin Fever

**BY BUILDING** your own cabin on a small parcel of land, you can treat your family to fabulous get-away weekends at an affordable resort. The secret of this cabin's success is its rigid frame system, which depends on the principle of the arch and provides a wide, clear span with no interior posts. The basic structure is 20-by-24 feet, but can be made larger by adding more frames. The covered deck and large expanses of glass on both ends walls allow the owners to enjoy the surroundings of their cabin location. Construction plans, developed in cooperation with the American Plywood Association, provide complete, step-by-step instructions. A materials list is also included. "Rigid Frame Cabin Plan 370" costs \$4.50. If you are interested in a second home but want to review different styles before selecting one, order "A50 Vacation Homes Catalog," \$3.95, featuring more than 40 floor plans. Send check to Steve Ellingson, c/o St. Louis News Service, P.O. Box 2383, Van Nuys, Calif. 91400-2383.

### Derive full benefit from treated wood

Chemically treated to resist fungal decay and termites, a treated wood outdoor structure can remain in use for decades. Yet, that promise of longevity also encourages a little extra care at the time of construction. After all, any flaws or errors could be around for a long time, points out John Cashmore, Weyerhaeuser LifeWood market development manager.

Cashmore offers the following tips on constructing outdoor projects using treated wood:

- Use only double-dipped zinc galvanized nails and screws when working with pressure-treated lumber. For maximum holding power, use ring or spiral-shank nails. To reduce splitting, use blunt-nosed nails or drill a pilot hole about three-quarters the diameter of the nail.

- Place boards bark side up or out to eliminate cupping that can hold water. Look at the end of the board, and you will see the rings formed during growth. The bark side would be closest to the top of the rings; that is, rings would form a crown when the board is held bark side up.

- Never butt boards together tightly. Space boards slightly to allow for natural swelling and shrinkage due to changes in moisture content.

- Bevel tops of upright structural and joist ends to a 30- to

45-degree angle to minimize moisture absorption.

- The longer the boards, the smoother the deck. Ideally, a 14-foot-wide deck would use 14-foot-long boards. Wherever shorter boards meet, there is a chance of "snagging" due to a slight warping or cupping at the end of each board. To achieve a slightly different look from the standard deck, alternate 2-by-4s with 2-by-6s.

- Privacy is an important consideration for any outdoor living space. When choosing a site, try to build near natural barriers like trees and shrubs, which will also help protect your structure

from prevailing winds, heavy rains and direct sunlight. Barriers also can be built with fencing, wooden screens, planter boxes and lattice work.

- Allow at least 20 square feet (4 feet by 5 feet) per person if you will be using a deck or gazebo to entertain guests. You must build additional support into any deck where a greater concentration of weight can be expected, but always check your local building codes to be sure your plan complies.

- You may want to provide two entryways from the house to the deck, and two stairways from the deck to the yard to avoid

congestion when entertaining large groups. Outdoor lighting around the stairway is a valuable safety feature, as are stair coverings to prevent slipping.

- Dress up your deck or gazebo with specialty treated wood products, components that easily fit together and can speed and simplify construction. Specialties include handrails, spindles, lattice and stair stringers. Add planter boxes, seating or even a hot tub.

- Finally, remember that what you are about to build is finish work, not rough framing. The fruits of your efforts will be visible for a long time.

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